



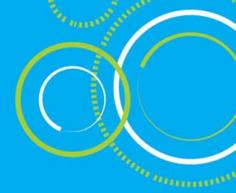
TOGETHER WE ARE STRONGER AS A

FAMIL

ANNUAL REPORT 2019-2020







## **FOREWORD**

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To recognise, respect and promote the overall well-being of the most vulnerable children and youth is a collective responsibility and needs consistency, passion, innovation and rigour.

**55**-

Children and youth need love, care, protection and nurturing. Often the right support, assistance, guidance and encouragement can turn around their life long outcomes. Every International and national law and policy prescribe the clear entitlement of every child to a stable, caring and supportive family. However, sometimes parents and birth families are not able to care for their children in their best interest and a few common reasons for this are poverty, economic hardships, death of one or both parents, disasters or disputes and conflict in relationships of family members. This absence of a stable, protective family exposes many children to multiple risk factors and makes them vulnerable to neglect, abuse, discrimination and exploitation. In all such circumstances, providing families with tailored support to strengthen them and prevent separation of children from their families is critical. For those, where this is not possible, providing the best suitable Alternative Care to children in a family based or family like environment is needed.

Family strengthening, thus is offering a range of services from counselling to linking them to government schemes, skills development, empowering youth and adult members with livelihood options and linking them with the resources they need to overcome their difficulties. With strong families, children and young people can receive the care and support they need to thrive and thus family strengthening is the core of building communities.



It is a seamless bond which acts as a cohesive to unite and bring people together. A well united and strengthened family gives a healthy and safe space to the children where they can learn, grow and build inspirational future. Our children, as you can see in this annual report 2019-20, have portrayed their vision of families together, smiling, nurturing!

26 years ago, we embarked on the journey to provide family like environment, care and protection to the vulnerable 'children without parental care'. Sailing through the journey, we have realised that it is equally important to invest in family strengthening as we are working towards betterment of lives, education, dignity and future of the children. Family strengthening, our theme for Annual report 2019-20, is much comprehensive and covers numerous facets related to the development of the family, and communities. When it comes to family strengthening, we need to cater to the needs of education, livelihood, security, safety and dignity of our children, youth and women, keeping in mind their best interest determination and causing no harm to any person.

Starting from the 17 Udayan Ghars, where 'children without parental care' start their journey, we ensure to provide care, nutrition, quality education, safety, security and values of life to them in a family like environment, while making efforts to reunite them with their families. But, we don't stop here only. Transitioning from a dependent phase to independent one is a bit tricky and comes with challenges. The young adult may not be ready to face them. Considering this, upon turning 18, when they exit from the Udayan Ghars, we extend additional support to them in the form of Aftercare facilities, where we provide financial, emotional, moral, mental and social support to them. We provide support in accommodation, education, skilling and employment to them till they are stabilised in their lives. Our Aftercare Programme ensures Udayan Care is a family for the child even after they graduate out of the programme.

Udayan Care, in the 21 chapters of Udayan Shalini Fellowship has extended mentorship, employability training, financial support, capacity building workshops and vision of giving back to the society to the girls and women from financial weaker sections of the community. This empowers not only the girls, but strengthen their families and communities. Our 15 Information Technology Centres have enabled youth from vulnerable communities for quality digital literacy, as well as job-oriented courses and better livelihood options, thereby earning them economic empowerment and strengthened families. Our 2 Skill Development Centres are transforming the lives of women by ensuring dignity, independence and accountability through their skilling and livelihood programmes thereby developing stability in their family lives.

Advocacy, Research and Training (A.R.T.) Programme is doing commendable work, advocating for the rights and privileges of the children and youth without parental care. Our research study on Care Leavers in 5 states of India has not only created evidence that children at 18 when they exit a child Care institution still need Aftercare support; it has found resonance in many and we can see the ripple effects of care reform and an emerging thought process. Our family strengthening strategic thread thus cuts across all our flagship interventions to strengthen families and communities.

We are extremely indebted to all our Trustees, Advisory Board Members, Conveners, Mentors, Volunteers, Members, Donors and Staff, who believe in our mission of "Making Young Lives Shine" and have been contributing in all possible forms and have shouldered the responsibilities with honesty and integrity.

This has been a year of accomplishments, learnings, hope and inspiration. Here, at Udayan Care, we had sown a seed 26 years ago, which is growing into a blossoming tree, only with your care and contributions. We shall continue the family strengthening vision across our projects with and for children and youth and with the support of all our partners and supporters.

Dr. Kiran Modi Founder, Managing Trustee, Udayan Care

## Some of the ways in which our 'Family Stregthening Vision' works are:

- Providing direct care and support to children and youth without parental care through the Ghar and Aftercare programme
- Skilling children, youth and women towards job readiness and employability through the Ghar, Aftercare Outreach Programme and Skill Development Centres
- Direct fellowship support to young girls for pursuing their higher education through the USF intervention
- Exposure and awareness through workshops that are skills based in all our projects
- Mentoring to provide individual guidance and hand holding in all our projects
- Individual, group and Family Counselling across all projects
- Access to health care services for children, youth and young girls that are need based
- Working closely with communities to develop a strong sense of belonging in the larger community for independent living and main streaming
- Building resilience in vulnerable children, youth, women and families to support each other and give back to society
- Working in a collaborative manner with donors, partners, volunteers, mentors, interns and individuals to create a snowball effect and larger ownership of contributing to change



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# VISION, MISSION, GOALS AND VALUES



## VISION

Making Young Lives Shine!

## MISSION

By engaging individuals committed to human rights, under the framework of the SDGs, Udayan Care provides nurturing homes for vulnerable children; empowers girls to aspire and pursue higher education and gain employability; offers communities digital and vocational training to become self-reliant. Through research, training, conferences, and advocacy, Udayan Care influences policies and practices on the Standards of Alternative Care in the South Asian region



































## Udayan Ghar

- · Zero Hunger (Goal 2)
- · Quality Education (Goal 4)
- · Good health and well-being (Goal 3)
- Gender Equality (Goal 5)
- · Reduced Inequality (Goal 10)
- Sustainable cities and communities (Goal 11)
- Peace and Justice Strong Institutions (Goal 16)
- Partnerships to achieve the Goals (Goal 17)

## Aftercare

- · No poverty (Goal 1)
- Decent Work and Economic Growth (Goal 8)
- Quality Education (Goal 4)
- Zero Hunger (Goal 2)
- Good health and well-being (Goal 3)
- · Gender Equality (Goal 5)
- · Reduced Inequality (Goal 10)
- Sustainable cities and communities (Goal 11)

- Peace and Justice Strong Institutions (Goal 16)
- Partnerships to achieve the Goals (Goal 17)

#### Udayan Shalini Fellowship(USF)

- No poverty (Goal 1)
- Quality Education (Goal 4)
- Good health and well-being (Goal 3)
- · Gender Equality (Goal 5)
- · Reduced Inequality (Goal 10)
- Sustainable cities and communities (Goal 11)
- Peace and Justice Strong Institutions (Goal 16)
- Partnerships to achieve the Goals (Goal 17)

#### Udayan Care Information Technology Programme

- · No poverty (Goal 1)
- Decent work and economic growth (Goal 8)
- · Quality Education (Goal 4)
- · Good health and well-being (Goal 3)

## **VALUES - CIRCA**

- Compassionate: to serve with love
- Inspiring: to motivate and to be motivated towards purposeful action
- Respectful: to trust and be fair to all, every voice matters
- Competent: to be highly skilled and learn constantly
- Accountable: to take full responsibility of one's actions and outcomes
- Gender Equality (Goal 5)
- · Reduced Inequality (Goal 10)
- Sustainable cities and communities (Goal 11)
- Peace and Justice Strong Institutions (Goal 16)
- Partnerships to achieve the Goals (Goal 17)

#### Skill Development Centre (SDC)

- No poverty (Goal 1)
- Decent work and economic growth (Goal 8)
- Quality Education (Goal 4)
- Good health and well-being (Goal 3)
- Gender Equality (Goal 5)
- · Reduced Inequality (Goal 10)
- Sustainable cities and communities (Goal 11)
- Peace and Justice Strong Institutions (Goal 16)
- Partnerships to achieve the Goals (Goal 17)

## Advocacy, Research and Training(ART)

- No poverty (Goal 1)
- Decent work and economic growth (Goal 8)
- Quality Education (Goal 4)
- Good health and well-being (Goal 3)
- Gender Equality (Goal 5)
- · Reduced Inequality (Goal 10)
- Sustainable cities and communities (Goal 11)
- Peace and Justice Strong Institutions (Goal 16)
- Partnerships to achieve the Goals (Goal 17)

## UDAYAN CARE AT A GLANCE



Udayan Care has 5 columns of strength in its organisation which provide a caring environment that empowers children, youth and women through its programmes.

"17 Udayan Ghars and 2 Aftercare facilities, look after 206 children and 31 young adults." \* As on 31st March' 20

## A. Child and Youth Care

Based on the belief that a loving home and family is the right of every child, Udayan Ghars are long term, group residential homes that nurture children who are orphaned, abandoned or at-risk, in a family-like environment through a strategy called L.I.F.E – Living In Family Environment. Children are loved and cared for by a group of Mentor Parents – long term volunteers, with the help of a team of caregivers, social workers, and mental health professionals. Once they are 18, the children are supported by Udayan Care's Aftercare Programme until they are independent.

"4724 Shalinis across 21 Chapters spread across India".

## B. Education

Udayan Shalini Fellowship provides monetary and mentoring support with a focus on higher education where the girls gain employability and contribute financially to their families, in the process of becoming dignified and empowered women.



The Pragnya Fellowship supports financiallyconstrained but high-achieving students from Udayan Ghars and Udayan Shalini Fellowship Programmes to pursue post-graduate courses through flexible loan scholarships.

"17354 youth, 1504 women have been skilled at 15 IT and 2 Skill Development Centres."

## C. Skill Development

Based on Udayan Care's mission to enable every adult the dignity of self-reliance, Udayan Care's Information Technology & Skill Development Centres enable under-served youth and adults to improve their livelihood options through varied IT, soft skills and vocational training courses.

## D. Advocacy, Research and Training

Our advocacy efforts explore different aspects of policy and practice around alternative care for children and youth through research, publications, consultations, trainings, seminars and workshops. From recommendations for policy and legislative reform to training practitioners on standards of care, we also develop material on various aspects of Alternative Care.

## E. Volunteer Management Programme

Udayan Care's Volunteer Programme enables individuals and corporates in India and globally to share their time, skills and resources with less privileged children and youth. Udayan Care's Internship Programme provides students on-the-job exposure to the not-for-profit sector.

# UDAYAN GHAR PROGRAMME





## A Much Needed Reality Check

Every child deserves to come to a place which she/he can refer to as 'home' with loving and protected environment and can call a 'family.'

India is home to approximately 23.6 million orphans and vulnerable children. These children need stable family care, protection and upbringing. Yet, in 2018 - 19 there were only about 3374 children adopted in India, whereas 653 children went for inter-country adoptions. Given this low rate of adoptions, other forms of Alternative Care, that are suitable and

appropriate for children in need of care and protection need to be strengthened.

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Home is the starting place of love, hope and dreams.





















## Origin, History and Need of the Programme

Udayan Ghar, the flagship programme laid the foundation stone for Udayan Care and its' other programmes. It was a personal loss suffered by one of our founding members that triggered the inspiration and deepened the yearning to reach out to orphaned, abandoned and at-risk children believing that a loving home and family is the right of every child.

Since 1996, it became Udayan Care's mission to care, love, protect and give shelter to children who had nowhere to go and no one to support them and their needs. Udayan Care extends its heartfelt warmth, love and care to these children under the programme and nurture, educate them to deal with the real world.

Family: We may not have it all together, but together we have it all.



## **Facts of Importance**

The United Nations Convention on the Rights of Child in its Preamble "Recognizes that every child, for full and harmonious development of personality, should grow up in a family environment, of happiness, love and understanding."

The United Nations Guidelines for Alternative Care of Children (guideline no. 23) records -"residential care and family-based care complement each other in meeting the needs of children, wherever large institutions remain. alternatives should be developed in the context of an overall deinstitutionalisation strategy"

million orphaned and vulnerable children in India (Situation of Children in India 2018, MOSPI, GOI)

crimes were committed against children each day in the year 2018 (NCRB Report published in Jan'20)

children sexually abused (NCRB Report published in Jan'20)

million children live in over 9589 child care institutions (Mapping and Review of CCIs-2015 - 2017 MWCD)

## **Udayan Ghar-Where** the Sky is the Limit

You might wonder as to what it is about Udayan Care that makes it a 'Ghar' (Home) for the children. It is a home for those who need protection, warmth, love and need to grow up with people who they can consider 'family.' These children need all the love and care possible to grow into well-adjusted human

beings, they need people to confide in, to understand them and make them learn about the real world. Hence, the word 'Ghar' has been used to make the children feel at home and not a typical Child Care Institution.



## Homes' Location

The homes are located in busy neighbourhoods where there is a higher possibility of children reintegrating smoothly into mainstream society once they are released from care homes. We invite volunteers to interact and motivate children to soar high towards their dreams.

## 2 Group Care Model

We follow a group care model, where in each home a group of 10-12 children of the age group of 6-18 years are cared for. These are single and multi-unit Ghars, which ensure that each of them get individual attention, love and care.

## 3 L.I.F.E. Strategy

Ghars nurture orphaned, abandoned or at-risk children through a unique strategy called L.I.F.E. (Living in Family Environment). The strategy enables to provide a caring and conducive family environment for their overall growth and development.

## 4 Mentor Parents

These are socially committed long term volunteers, with experience of raising their own children, who devote their life voluntarily to bring consistency in the lives of Udayan Ghar children, and inculcate values in them.

## 5 Mental Health Programme

- Children coming to Udayan Ghars usually bring along traumatic experiences around abuse, exploitation, abandonment, pain of loss and so much more. Such experiences result in low self-esteem, cognitive difficulties, fractured attachment, anxiety, depression, behavioural issues, inability to trust and form or sustain relationships. Thus, a Mental Health team has been constituted which is comprised of Mental Health and Social Work professionals.
- Dr. Deepak Gupta, Child and Adolescent Psychiatrist, prescribes psychosocial interventions for the children.
- An Australia based psychologist and trainer in trauma and attachment, Ms. Helen Lenga, too gives inputs through Skype.
- These are in-house counsellors too.
- The team also organises internal as well as arrange for external capacity building workshops & training for the team members.

## 6 Internal Audits

To review the homes and their functioning, bi-annual audits are conducted to understand the gaps, do course correction, and document best practices.

## 7 Caretakers Team

The Carer team comprises of two full-time caregivers, a supervisor, social worker/ child welfare officer, mental health professionals and mentor parents. This creates a secure environment for the children to grow and heal.

## 8 Capacity Building and Training

In order to create a conducive environment, we conduct training and capacity building workshops with children, care givers & supervisors, welfare officers/social workers, mentor parents and counsellors.

## 9 Internal Committees

To address various needs and issues within the programme, committees have been formed. There are Education, Health, Special Needs, Aftercare and Alumni Committees. These involve the participation of social workers, and mentor parents, all coming together, to keep a check on how the Ghars and children are doing, and planning further, thus, ensuring the smooth functioning of our homes.

## 10 Management and Children's Committees

The committees have been set up as per Rule 39 and 40 respectively of Juvenile Justice Model Rules, 2016. These comprise of representatives from CWC, DCPO, our staff and children, who on a monthly basis discuss day to day activities.

## 11 Aftercare Programme

Once the children turn 18, they are released from the children's home and they become part of the Aftercare programme, which aims towards ensuring a smooth transition of these children from a state of complete dependence into semi-dependence before finally becoming fully independent. They are provided with counselling, transition planning, career guidance, life skill training, and educational and vocational support.

## Lives We Transformed



17

**Udayan Ghars** 



1272

Children nurtured since inception in 1996



206

No. of children as on 1st April'19



266

No. of new children joined from April'19-Mar'20



200

No. of children reunited with their biological/ extended family from April'19 - Mar'20



No. of children transferred/rehabilitated from April'19 - Mar'20



2

No. of children adopted from April'19 - Mar'20



11

No. of children transitioned to Aftercare from April'19-Mar'20



213

No. of Children as on 31st Mar'20

## Carers Team at UGs 2019-20



Volunteer Mentor Parents



Social Workers



Care Staff



Programme Officials at HO



## Mental Health Team 2019-20

Child & Adolescent Psychiatrist



Trauma Therapy Expert



In-house Counsellors/ **Psychologists** 



## **Bonding With the Family**

## Summer Funksters - Udayan Care Annual Summer Camp (June 2019)

17 Udayan Ghars, 205 children, 27 young adults and 40 staff members came together to be a part of 5-day Udayan Care Annual Summer Camp at Jagshanti Udayan Ghar, Greater Noida with the theme, Summer Funksters: Let's have fun under summer sun. The scorching heat wasn't strong enough to stand against the kids' highly raised spirits and excitement.

Like every other year, children engaged in activities, encompassing theatre, dance, music, science experiments, art and craft. The last day culminated in a grand finale, where they presented what they learnt during the camp. IOCL and Genpact were the chief sponsors.



## Auro Camp; Outstation Trip to Nainital (June 2019)

To make summers more exciting, a week long trip to Auro Camp, Nainital was organised for the 53 children and 7 staff members went for the camp, held at Van Niwas, situated on the top of a bustle of the city.

They stayed at Sri Aurobindo Ashram where they rock climbing, trekking, artificial river crossing. to the overall development of the children.





Best memories are made while you travel with the people you love.

## Daan Utsav (October 2019)

Reinforcing the idea of not always being at the receiving end but being grateful and be a giver too, the children came forth to celebrate Daan Utsav. They engaged in donation drives in nearby slums and organized edutainment sessions for children at slums, schools for children with special needs and even for senior citizens at old age homes.



## 14\* Not Out Adidas-Udayan Care Annual Sports Day (February 2020)

Explosive energy, cheering crowd, excitement and electrifying performances were seen at the Annual Sports Day. Celebrated on February 9, 1920 at Adidas the Base, Plaza Farms, the event was themed as 14\* Not Out, showing the long-term association and support extended by Adidas towards Udayan Care for helping children and youth alike to shine bright.



## A Successful Adoption

Gayatri & Naira were overjoyed to find a family of their own and get settled with their adoptive parents.



The untimely demise of their parents left Gayatri and Naira completely distraught and alone. The girls initially were unable to comprehend the turn of events and were emotionally numb.

Recognising the fact that the children are in dire need of a safe place to stay, both Gayatri and Naira were transferred to a Children's Home and then in 2013 were transferred for long term care and protection, to Udayan Ghar, Sant Nagar.

Here they both felt better as they were overjoyed to be around so many children and the staff whom they could now consider a family. While Gayatri was known as a knowledge seeker, Naira was a curious child, spending her day asking questions from elders. Together, they had one objective, be dedicated towards academics, pursue extra-curricular interests and enhance their skills so they could work towards a secure future.

In 2019, after due documentation, counselling sessions and transition preparation, Gayatri and Naira were blessed with an adoptive family that had overcome their own tragic loss. It was a moment of pride for Udayan Care, as this marks the first successful adoption, a step towards deinstitutionalisation, thereby strengthening our philosophy and aim to work harder.

## A Family Reunion

"Michael's faint memories and imagery resulted in his reunion with his biological father."



Michael grew up in Child Care Institutions and came to Udayan Ghar, Gurugram in 2016. He was always determined to know about his father's whereabouts.

The child while at Udayan Care, was enrolled in school to complete his education, engaged in sports and other activities. He built an affable bond with other children and also utilized his time well so as to build his knowledge base. However, Michael always wondered about the whereabouts of his family. While trying to recall from faint memories, he often shared information with the social worker in bits & pieces. It was unpredictable that these bits and pieces would one day culminate into a reality, the hope of which was actually meager.

The determination of the Ghar team, to join the dots and conduct field visits and, regular follow-ups with the legal authorities, led to an address, which no one had thought about. Michael and the Social Worker walked in the interiors of Mahipalpur for about an hour, the child and father coincidently came face to face. Recognising each other immediately, they burst into tears of joy; it indeed was a moment that was cherished by everyone present.

While Michael continues to be at the Udayan Ghar, he is determined to complete his education, stand on his feet, return to his family as a responsible adult and begin a new chapter in life.

# UDAYAN GHAR AFTERCARE PROGRAMME



Imagine a child, raised in an Out of Home Care settings for years; always been provided with a safety net, had someone to look after, is suddenly left unattended after turning 18, as under the law of Juvenile Justice (Care and Protection of Children) Act, 2015, which doesn't permit him/her to stay in such a setting anymore. The child who just turned adult who could have completed his/her education, could have found himself/herself a decent job, and could have been trained to become completely independent, is now withdrawn of all support, counselling, probably facing an identity crisis, on his/her way to becoming a deviant and thus,

may end up losing his/her aspirations and the resources put in line that once aimed at making him/her a responsible productive being.

The transition of these young adults, from a state of complete dependency to the state of complete independence is a delicate one where they go through emotional, psychosocial and situational turbulences. Therefore, the Aftercare programme helps during this transition; young adults need a great deal of support, probably more than ever, in matters like higher education, accommodation, stress management, and employment, etc.























# Origin, History and Need of the Programme

The Aftercare Programme, started with two partly supervised residential accommodations, one for boys in Gurgaon and the other for girls in Greater Noida. Udayan Ghar, since its genesis, imbibed the philosophy of supporting its children/young adults even when they reach beyond 18 years of age, as having lived and feeling loved with children of Udayan Ghar till 18, they eventually learn, grow and feel confident with one another and look after each other like a family.

It supports young adults to complete their education, get trained, seek employment, settle, make a family of their own and, most importantly know they have someone behind them. Even after rehabilitation is complete, the young adults are encouraged to stay in touch by becoming an alumni. They are invited to celebrate festivals and other events, and provide guidance by illuminating the rest of the youth.

## How the Aftercare Programme Works

A child who has been raised in a protected environment, suddenly at the young age of 18 cannot be left alone and not be cared for. It's highly important to guide such children even when they turn 18 so that they don't fall prey to the cruelty of the real world. The Udayan Ghar Aftercare programme provides holistic interventions to youth ageing out the homes to enable their rehabilitation and independence.

## 1 Residential Facility

Having nowhere and no one to go to, the children of Udayan Ghars after turning 18 years of age are housed either in Udayan Care's Aftercare residence or PGs, college hostels as per the need and provided with funds to meet their basic expenses. Young adults are encouraged to live as a family and share responsibilities like cooking, cleaning and so on.

# Objectives of the Programme

The overall aim of the Aftercare Programme is successful rehabilitation of all its young adults and alumni. The young adults after getting released from the programme are supported to reintegrate into mainstream with provision of all the services. With regular counselling, efforts are made to spread awareness and sensitise communities towards such youth and motivate them to come forth in the youth's support.

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Family: An anchor during rough waters.

77-

## 2

#### **Education and Vocational Training**

To pursue further education and vocational or professional training, support is provided through tie-ups with institutions teaching certified skill development courses and other training courses. The aim is that the young adult is prepared to get employed through a certified professional course or training.



## **Capacity Building and Training**

Workshops and training are conducted which aim at teaching young adults independent living skills. They are taught about finance management, home management and provided with education and career counselling.



## Mental Health and Counselling

The young adults are provided counselling and training on smooth transition of youth from Ghar to Aftercare and then to the society.

## Medical Health

Medical health check-ups are conducted at regular intervals. Also, the Young Adults are connected with our existing tie ups with doctors and hospitals where all their requirements for medical health are met.

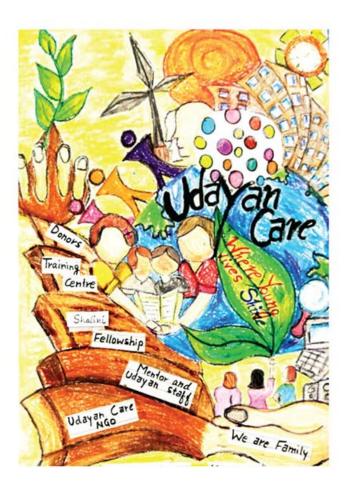
## Internships/ Placements

As per their qualifications, and interest areas, youth are encouraged to do internships, while still in Aftercare, and once their education is completed, they are assisted in finding suitable placements.



## One-time Support

Once the young adult is all set to be released after becoming a self-reliant being and becomes an alumnus, he/she is provided with one-time financial support that further helps them in their rehabilitation. For example, paying rentals for accommodation in the initial months.



## Lives We Transformed



27

Aftercare Young Adults on 1st April'19



17

Aftercare Young Adults in schools/colleges/distance learning



11

New Aftercare Young Adults joined during 2019-20



14

Aftercare Young Adults in vocational training



7

Aftercare Young Adults released during 2019-20



119

Total Alumni



31

Aftercare Young Adults as on 31st March'20



30

Alumni married

## Limitless Possibilities

"Parvinder's empathy and compassion helped her to visualise herself as a Psychologist."



From having survived abandonment by her parents at the tender age of 16 months to being raised by her grandmother and Child Care Institutions, the story of Parvinder is in itself a motivation.

She came to Udayan Ghar in 2011 for care and protection where she was groomed by the team. Parvinder became much more sensitised socially. During her journey in the Udayan Ghar home, she realised the importance of giving back to the society. She became more involved in practicing empathy, compassion, and care for one and all. Having survived a traumatised childhood, Parvinder decided that she would help children like her. Her interactions with the mental health experts and counsellors helped visualise her journey as a Psychologist. Her hard work, dedication, focus is what got her accepted to the prestigious Ashoka University, Sonepat.

Overcoming all the obstacles that could limit her ambitions, she pursued B.A. (H) in Psychology. She challenged herself to learn and grow which made her career-oriented and developed her overall personality.

She is currently working with the Centre for Child and Adolescent Well-being, as a psychologist. Along with this she has enrolled herself in an M.A. Psychology course.

## A Family by Choice

"Despite various challenges, Renu (Name changed) didn't let any obstacle stand in the way of her future."



The proverb "Fortune favours the brave" is rightly suited for Renu who despite all adversities had the courage and determination to overcome her traumas gradually and optimise her opportunities to gain the best out of life. Parents play a very crucial role in shaping their child's life and the absence of one could make the simpler joys of life of having a family, a distant dream.

Losing her mother at a young age and then surviving ill treatment from step-mother and her own father could have handicapped her desire to dream. But Renu fought to own her story. With not settling with what she had, she decided to run away from her home. Through Child Welfare Committee orders, she lived in various Child Care Institutions. She finally came to Udayan Ghar in March 2004.

The team nurtured her, provided her a family she dreamt of and grew up to become a kind, compassionate, bold, and strong individual. She pursued B.Com and did Diploma in Digital Marketing from NIIT. Although she came from an unfortunate background, she never let financial factors dictate what her future would be. She accepted all the challenges head on and developed into an amazing human being. Her will, focus, motivation kept her going and now she has settled down and is working. She still visits the Ghar and is very connected to her mentor mother.

# UDAYAN SHALINI FELLOWSHIP PROGRAMME

# MY FAMILY IS MY STRENGTH



## **About the Programme**

The Udayan Shalini Fellowship programme is a unique academic excellence and personality development programme for deserving and talented girls from vulnerable socio-economic backgrounds, aiming to transform them into empowered and dignified women. The programme is founded on the belief that to truly build a progressive society, it is essential to empower women and give them equal opportunities to grow and flourish, personally and professionally.

The Fellows of the programme, or 'Shalinis' as they are called, are selected after Grade 10 through an



The empowered woman is powerful beyond measure"





















indigenously developed, rigorous 'Needs, Ambition and Talent' based assessment. Over a period of five years, a girl is transformed into an empowered and independent Shalini by an inspired group of mentors, guided and motivated by a Core Committee in each chapter. They are nurtured across a spectrum of inputs, exposure and self-reflection, ranging from personality development to career aspirations. It is a strong belief of the programme that educated girls prioritise education in their families, making them more resilient and stable.

## Girls Education in India

School (Source: AISHE report 2018-19)

56.4% Secondary School (Source: AISHE Report 2018-19)

23.5% Enrollment in Higher Education (Source: AISHE report 2018-19)

## Origin, History and Need of the Programme

Udayan Shalini Fellowship (USF) started in North Delhi in 2002. Its idea arose from the need to equalise the imbalance created by deeply rooted patriarchal discrimination against girls and the prioritisation of their education in the country, especially witnessed in the economically weaker sections. USF does not limit itself to providing adolescent girls with financial support, but also empowers by providing them with regular mentoring and leadership development guidance, with a strong focus on creating a cadre of socially informed young women.

Female Labour Force 24.8 participation in 20% from 34% in 2006. participation in 2019-20 (Source: UNGC India Study)

Women in the labour force will mean economically stronger families.

## Pillars of USF





Team Work by Karishma Guruditte, Aurangabad



Independence Day Celebration, Baddi



International Women's Day March, Bengaluru



Mentor Mentee. Gurugram



Self Defence Workshop, Kurukshetra



Workshop on Food Adulteration, Hyderabad



Umrao Jaan-Fundraising Event, Mumbai



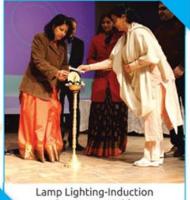
World No Tobacco Day, Jaipur



Session on Women Empowerment, Phagwara



Session on Kathak, North Delhi



Ceremony, Noida



Session on CIRCA by Mr. Deepak Sharma, South Delhi

## Pillars of USF

## 1. Monetary Support

USF helps girls to continue their education by providing them financial backing that they need post Grade 10. The programme not only helps realise Shalinis their full potential but enables them to complete their undergraduate studies or vocational training programmes.

## 2. Curriculum Based Capacity **Building Workshops**

It is essential that alongside academics, various team and capacity-building workshops are conducted as per a curated curriculum. The backbone of the programme, the workshops focus on the development of multiple skills, from empathy to conflict management to aspiration building. Residential camps encourage trust, independence, personal growth and skill development.

## 3. Personalised Mentoring Support

A family is all you need to guide you through the various challenges that life may throw your way. The programme ensures that each Shalini receives mentorship from Senior Shalinis

(called mentor didis) and leaders, educators and enlightened citizens from various fields who constantly motivate and establish a deeper connection which makes the girls strong, stable and confident.

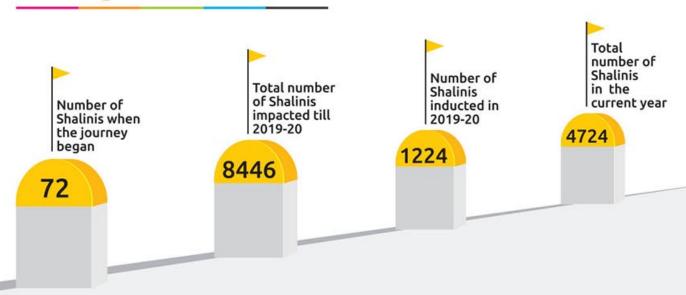
## 4. Giving Back to Society

Social work campaigns, peer mentoring and an overarching belief that giving back to the communities they grow up in will build a stronger, more just society is a value instilled in the girls as an integral part of the programme.

## 5. Employability Training

USF Employability and Placement Cell was established in 2017. Keeping in mind the scenario of job market requirements, the Genpact Social Impact fellows (GSIF) designed various modules to enhance and build the soft skills capabilities of the Shalinis, which in turn improves their chances of employability, transforming a young girl to a change maker in her family and community. Taking a step further, an exclusive placement cell assists the girls with internship and placement in fields of their choice.





#### AURANGABAD

Founding Year: 2008

Number of Shalinis in 2019-20: 318

Number of Shalinis inducted in 2019-20: 112

Number of Shalinis impacted since inception: 479



#### MAYURI PATIL

66USF taught me that being successful is easy if you maintain consistency and hard work, applying the same formula- the results are amazing. 44



Mayuri Sunil Patil was awarded the Udayan Shalini Fellowship in 2015. After joining USF, she pursued her education and attended workshops which helped her become more confident and emotionally strong.

After completing her Grade 12, she joined Indian Institute of Food Science and Technology for graduation in Food Science and Quality Control. She eventually became a core member of Public Health and Nutrition Care Association, Aurangabad as a Nutritionist. Mayuri has been appreciated in newspapers like Urdu Express and Sakal newspapers during the National Nutrition Week in 2019.

She loves dancing and one of Udayan Care's mentors, Shreya Bazaz, helped her join Kathak classes and Mayuri passed the exam with flying colours. She is a researcher as well; her research paper titled "Study of Effect of Iron Rich Supplementation on College Going Girls" was published and she also presented the same in National Conference on Women's Empowerment held at Beed, Maharashtra.

#### BADDI

Founding Year: 2017

Number of Shalinis in 2019-20: 147

Number of Shalinis inducted in 2019-20: 30

Number of Shalinis impacted since inception: 207



#### MANISHA

I like to think of the hard times as my motivation today. 99



Manisha has always been very ambitious. After the sudden demise of her father, her mother took care of her. With the responsibility of two younger siblings and her mother's health issues, Manisha had to work. She was the only earning member of the family. Currently, she is pursuing B.Com. She is an extremely hardworking girl and wants to go to Canada for further studies. She is also good at sports and plays at the district level.

Currently Manisha has started her own group named "Helping Hands" in which she and her friends go to primary schools and Anganwadi Centres weekly to teach children and distribute basic necessities like stationery and hygiene kits. She also participated in Miss Himachal 2020 contest and cleared 2 rounds, reaching the semifinals. A true all-rounder.

#### BENGALURU

Founding Year: 2018

Number of Shalinis in 2019-20: 63

Number of Shalinis inducted in 2019-20: 70

Number of Shalinis impacted since inception: 133



#### **SANJANA**

I want to thank USF for always being on my side and guiding me. 99

## "

Sanjana is an academically gifted, warm, caring girl, and has always had the potential to excel. During one of the monthly workshops, she heard from different professionals about various career options including those for a prospective Chartered Accountant.

Accounting was Sanjana's favourite subject, and this clinched the deal for her. With proper guidance from her mentor at USF, and the financial support she got as part of the Shalini program, Sanjana was able to choose the right career path and is now pursuing her CA studies.

Sanjana comes from a family with limited financial resources. During the past year, in addition to focusing on academics, she's supported her family by taking tuitions. She often also stays back after college to help her friends. She's very grateful to have help and support from her mentor and USF team.

## CHENNAI

Founding Year: 2017

Number of Shalinis in 2019-20: 92

Number of Shalinis inducted in 2019-20: 30

Number of Shalinis impacted since inception: 122



#### **SNEGHA**

Nothing worth having comes easy. وو

Snegha's father is an auto driver and she has two sisters. Her father is the sole bread-earner of the family. She aspires to be an IAS officer. Her dream was to be ranked 1st and have her name on the notice board of her school. However, achieving her dream was not that easy. She faced a lot of struggles during her exams. Three days before her language exam, she suffered a severe infection and could barely study. When the results were declared, she got 92% and was the topper of her school. It makes her feel happy that she achieved her first dream. She thanks her mentors from USF who guided her all through the way. Her sheer grit will ensure she will achieve the rest of her dreams.

#### **DEHRADUN**

Founding Year: 2008

Number of Shalinis in 2019-20: 125

Number of Shalinis inducted in 2019-20: 30

Number of Shalinis impacted since inception: 748



#### **NEHA BISHT**

It was easy for me to dream big but it was harder to achieve them and yes, this is not my final destination, the best is yet to come.



Neha Bisht completed her schooling from GGIC Maldevta, Dehradun, and her graduation from DBS, PG College, Dehradun. She came from a poor family but was always ambitious and her dream was to land a government job. She joined Udayan Care in 2009 where the Fellowship supported her financially and helped transform her personality and boost her self-confidence. Neha, with her hard work and sheer dedication, cleared Uttarakhand Lower PCS Exam and is currently posted in Uttarkashi in District Food Supply Department of Food Civil Supplies and Consumer Affairs Department, Uttarakhand Government, as a Supply Inspector.

## "

## **GREATER NOIDA**

Founding Year: 2016

Number of Shalinis in 2019-20: 158

Number of Shalinis inducted in 2019-20: 50

Number of Shalinis impacted since inception: 210



#### YUKTA

"USF has given wings to my dreams. I owe my success to the guidance given by my mentors at USF. "9"



Yukta hails from a rural background where society does not believe in educating girls. But she considers herself lucky that her parents have always supported her. Her father is a farmer and is the only bread earner of the family.

Yukta has closely witnessed the struggles of her family. This drove her to work hard and achieve her goals. She topped her school in her Grade 10 boards by scoring 95% marks, and then again in Grade 12, by scoring 80 % in PCM. She was selected by HCL Technologies for their Tech Bee program which provided her an opportunity to work on the IT floor as a Software Engineer, after successful completion of her training. Currently, she is pursuing her graduation from BITS Pilani.

#### **GURUGRAM**

Founding Year: 2012

Number of Shalinis in 2019-20: 154

Number of Shalinis inducted in 2019-20: 30

Number of Shalinis impacted since inception: 355



#### **MEHAK ARORA**

Getting admission in GD Goenka University was possible only because of Udayan Shalini Fellowship. The mentors helped me improve my personality and achieve my dreams.

"

Mehak Arora, after being selected as a Shalini, was mentored by professionals from Ameriprise Financial. She received a 100% fellowship to study at GD Goenka University. Along with her team (Startup-Force), she participated in Smart India Hackathon (SIH) 2020, a national initiative, launched by the Government of India where students work on challenges faced within various Ministries, Departments, Industries, PSUs and NGOs, to create world class technology solutions. Her team won the Hackathon with a cash prize of one lakh rupees and a certificate. She expresses gratitude to the mentors at the USF to achieve her dreams.

In the future, she wants to build her career in the field of Computer Science.

#### HARIDWAR

Founding Year: 2012

Number of Shalinis in 2019-20: 155

Number of Shalinis inducted in 2019-20: 30

Number of Shalinis impacted since inception: 340



#### PREETI

The different workshops, particularly related to positive thinking and confidence building, contributed to my personality growth and strengthened my confidence.



Preeti has always been extremely hard working and determined to overcome all challenges that life has thrown her way. Having been raised in a farmer's family with six family members, she has always been keen to pursue her dreams in her own way. Preeti is an excellent hockey player and has played at the district and state level, which has won her recognition.

Inspired by USF's pillar of giving back, she has participated actively in tree plantation drives and Ganga Safai Abhiyan. She also teaches some children free of cost and trains her juniors to play hockey.

Preeti has completed her graduation (B.Sc) and is currently pursuing Bachelors in Physical Education, 2nd year, from Lovely Professional University, Phagwara, Punjab.

#### **HYDERABAD**

Founding Year: 2015

Number of Shalinis in 2019-20: 205

Number of Shalinis inducted in 2019-20: 56

Number of Shalinis impacted since inception: 288



#### **NIKITHA**

USF has helped me to gain immense confidence and taught me how to stand up for myself, opening up a new world for me. 99

"

Nikitha hails from a family of four and is the eldest among 2 sisters. Since the beginning of her journey with USF, her goals and determination were extremely evident. She kept academic excellence as her lodestar and built her employability skills through regularly attending USF workshops. Her parents and her whole family have always been very supportive of her studies. Her mentor at USF had a very positive feedback of her and was impressed by her leadership qualities, communication skills and diligence.

In her final year now, she has already been placed with a reputable IT based company in Hyderabad. Her extra-curricular skills, subject knowledge, willingness to go the extra mile and hunger to learn more, impressed the interviewers enormously.

#### **JAIPUR**

Founding Year: 2013

Number of Shalinis in 2019-20: 164

Number of Shalinis inducted in 2019-20: 50

Number of Shalinis impacted since inception: 370



#### NEHA GYAMLANI

I gained clarity about my career because of USF and I even received guidance for my CA exams from the USF team.



Neha comes from a lower middle-class family.

Udayan Care extended financial support which was very important for her at the time.

Moreover, Neha became clearer about her career after attending workshops organized by USF. She not only gained essential communication skills but also received guidance to prepare for CA exams. She took coaching for her CPT exam just after Grade 12 exams. After appearing in IPCC, she completed her internship under Santosh Agarwal Associates. It was in 2019 that she cleared her final exam and became a Chartered Accountant. Currently, she is working as a Senior Finance Executive at Wipro Limited, Bangalore.

Neha gives back to USF by organising workshops for younger Shalinis to motivate and guide them.

#### KOLKATA

Founding Year: 2007

Number of Shalinis in 2019-20: 1050

Number of Shalinis inducted in 2019-20: 221

Number of Shalinis impacted since inception: 2091



#### **SREETAMA DAS**

"Udayan Care has been a true friend, philosopher and guide in my life. When all the doors were shut, it held my hand and helped me see the path ahead. I feel deeply bonded with the organisation.

"

Sreetama's family is entirely dependent on her father's income, who earns his living as a vendor. When she became a Shalini, she honed her professional skills by attending workshops conducted by industry experts and receiving effective mentorship from the USF team. With Udayan Care's support, she completed her studies with B.Sc in Physics (Honours) from Jadavpur University and qualified for the integrated Ph.D programme in Physics at Harish Chandra Research Institute, Allahabad, under the Department of Atomic Energy of Govt. of India. Currently, she is pursuing her post-doctoral studies on Theoretical Quantum Information from LMU Munich, Germany, funded by the Government of Germany.

#### KURUKSHETRA

Founding Year: 2004

Number of Shalinis in 2019-20: 123

Number of Shalinis inducted in 2019-20: 30

Number of Shalinis impacted since inception: 550



#### HIMANSHI SHUKLA

After I became a Shalini, I felt a change within myself. I got a chance to meet many people and learn from them. Prof. Sushama Sharma boosted my confidence and motivated me to do something unique. Hence, I dedicate all my prizes to her.



Himanshi is studying in Grade 12 at the University Senior Secondary Model School, Kurukshetra. Her father works as a mess worker and mother is a housewife. She has three sisters, fortunately all in school. A multi-faceted and highly inquisitive young girl, she enjoys the thrill of participating in various competitions, be it sports or quizzing. She has won quiz competitions at the district and regional level. An exposure visit to the Parliament House, Delhi, piqued her interest in governance and helped build her dream of becoming an Administrative Officer. She says she wants to serve society like Udayan Care does.

#### MUMBAI

Founding Year: 2016

Number of Shalinis in 2019-20: 88

Number of Shalinis inducted in 2019-20: **40**Number of Shalinis impacted in 2019-20: **130** 



#### KHUSHBU BARANWAL

Don't let fear of what could happen, make nothing happen.

## "

Since Khushbu's parents could not afford her coaching fees, she took the help of her elder brother, one of her teachers and YouTube to replace tuitions. She secured 78.4% in Grade 12 and 94.3 percentile in MHT-CET, which got her admission to K. M Kundnani College of Pharmacy. Currently, she is in the 2nd year of her B. Pharmacy.

Khushbu has always been keen to give back to society since her association with USF began. Her brother introduced her to blog writing and she began to learn more about it. She soon started her own research and observed that people don't take care of their eating habits as much as they should. She is grateful to Ms. Dipti Shah - USF Core Team Member and Mentor, and Ms. Pooja Mehra, USF, convenor, Mumbai who motivated her to write her own health-related blogs. Read them at: healthykhushilife.blogspot.com

#### NOIDA

Founding Year: 2019

Number of Shalinis inducted in 2019-20: **50** Number of Shalinis impacted since inception: **50** 



#### KANCHAN THAPA

<sup>66</sup>Udayan Care was just an organisation at first, eventually it became a family.

Kanchan belongs to a family of 6 members. She and her siblings have battled virtual abandonment by their father, who did not want any of them to study. It was Kanchan's mother who stood up for her children and ensured they enrolled in school. Kanchan is gifted with a beautiful voice for which she has won many awards and certificates. She gets her inspiration from her mother, who is her role model. After joining USF, Kanchan's hard work, dedication and perseverance have allowed her to achieve new heights. Despite all the challenges, she may have faced, Kanchan is a positive soul and always tries to make people around her smile. She feels the power of USF lies in making girls believe they can dream and then gives them the means to achieve their dream.

#### **NORTH DELHI**

Founding Year: 2002

Number of Shalinis in 2019-20: 226

Number of Shalinis inducted in 2019-20: 70

Number of Shalinis impacted since inception: 1262



#### **ARCHANA TIWARI**

remember how residential camps, workshops, mentoring and unconditional support throughout my journey have had an impact on my life.

"

In a strongly patriarchal society, Archana's father stands out as her hero, not only because of the odds he overcame, not because he taught Archana to follow her heart, but because he helped with household chores.

She completed a Diploma in elementary education. It was a two-day training programme on youth development that Archana attended at Vishva Yuvak Kendra that helped cement her desire to make giving back her career. She founded Connecting Lives, a non-profit working to alleviate the lives of the marginalised. She has received a host of awards and recognition from the state, which has only spurred her on to do more, despite the odds she encounters each day.

#### PANCHKULA

Founding Year: 2017

Number of Shalinis in 2019-20: 94

Number of Shalinis inducted in 2019-20: 50

Number of Shalinis impacted since inception: 150



#### **ANJALI DEVI**

Grow through what you go through; it's the only way to learn.

"

A committed athlete who travels over 100 km a day to make it to the stadium to train, persevere and win. Anjali Devi is the daughter of a daily wage labourer. Inducted into the Fellowship with 64%, she was mentored to find the balance between sports and academics. A state level gold in athletics spurred her determination to make it to the international arena. 4 am training, fitness rituals and a strong mind are helping her get there. She says USF showed her she could.

#### **PHAGWARA**

Founding Year: 2012

Number of Shalinis in 2019-20: 129

Number of Shalinis inducted in 2019-20: 30

Number of Shalinis impacted since inception: 280



#### KRITIKA SHARMA

I am thankful to USF for all my achievements. I stand by the belief that by achieving small goals, we get the courage of achieving big goals in life.

"

Kritika's achievements reflect the importance of holistic development, the very core of USF. At 19, Kritika has a host of academic and co-curricular laurels to her name. It wasn't always that way. A family of six with a single earning member, financial struggles have always been a part of her life. Inducted into the programme in 2016, Kritika didn't have enough confidence to put her views forward or to face her fears. The mentors at USF motivated her, gave her the financial aid she needed at the time and helped her overcome her fear. She secured 92% in her Grade 12 examination.

She would never shy away from competition, she also won the opportunity to be a part of USF Silver Jubilee Celebration in Delhi, where she met her USF sisters from across the country. She is currently working in the postal department, growing to be a Branch Post Master. She also mentors and guides other Shalinis.

#### PUNE

Founding Year: 2018

Number of Shalinis in 2019-20: 46

Number of Shalinis inducted in 2019-20: 108

Number of Shalinis impacted since inception: 158



#### PADMAJA GAIKWAD

uSF programme helped me build my personality and keep me focused. I am the first learner in my family, and now I am much more confident about my dreams after the USF guidance.



Biology, sports, philosophy, the performing arts; these are Padmaja's varied interests despite being a first-generation learner. Her father is an auto driver and mother Vandana Gaikwad, a home maker. Her innate curiosity brought her to the USF family and introduced her to the new education opportunities colleges across India were offering. A 100% scholarship to Ashoka University, the leading Liberal Arts College in India for her entire four-year course meant life was never to be the same again for Padmaja.

A role model mentor didi to aspiring Shalinis, Padmaja continues to take the time to guide the girls on their personal pathways even as she ensures they attend the USF employability workshops because they gave her focus and direction.

#### SOUTH DELHI

Founding Year: 2014

Number of Shalinis in 2019-20: 175

Number of Shalinis inducted in 2019-20: 51

Number of Shalinis impacted since inception: 333



#### JYOTI RATHORE

People say that when trouble comes, the person either chooses the wrong path or the right path, I have come from both sides but I have followed the right path and moved forward. ##

A family of 8 torn apart by a child, reported missing and yet to be traced. The grief Jyoti felt when she lost her brother, was a feeling she never thought she could overcome. As with many stories of inspiration, sport became Jyoti's healing. With the support of her family, Jyoti joined the 'Hurricane Rugby Football Club' in 2017. Two nationals under her belt and she was well on her way to representing India in rugby championships. She is currently pursuing her Bachelors in Physical Education and Sports Science from Amity University, Noida whilst she trains. Jyoti and her family are grateful to Shri Ratan lal USF programme for inspiring her to dream.

#### THANE

Founding Year: 2018

Number of Shalinis in 2019-20: 40

Number of Shalinis inducted in 2019-20: 40

Number of Shalinis impacted since inception: 80



#### LIPIKA PARUI

Self-belief and hard work always earn you success. ##



Lipika is a focused girl who aspires to become an IITian. She scored the highest grades in Science and secured 95% in her JEE Advanced exam, thanks to her constant efforts and dedication. Unlike many of her Shalini sisters, Lipika's parents are extremely supportive of her career choice and they work hard to ensure no obstacle should come in the way to achieve her goal. Her father works as a peon in a jewellery store and her mother is a homemaker. Lipika's parents, mentors and everyone at USF are extremely proud to support her journey. Lipika credits the unwavering mentorship she received through USF as the reason for her single-minded focus.

## **VADODARA**

Founding Year: 2018

Number of Shalinis in 2019-20: 50

Number of Shalinis inducted in 2019-20: 57

Number of Shalinis impacted since inception: 107



#### **KOMAL SHENGER**

Mai IPS officer banna chahti hu aur vishwas hai k ban kar rahungi, taki meri family ko behtar life de saku. (I want to be a police officer, and I believe I will be one, so I can give my family a better life)

It's difficult to dream when you have a family of 9 to care for and the odds are stacked against you financially. But the love for that family can bring the determination to uplift them, strengthen them and bring them out of grinding poverty. This is Komal's story. A first-generation learner, attending a Gujarati medium school, Komal had no interests outside of her determination to do well academically. It was this fire within that made her a Shalini and her transformation began.

Her education funded, Komal earnestly began attending USF workshops, ranging from Design Thinking to career opportunities and overcoming public speaking fears. The day she shared a speech in English of her desire to be a police officer her mentors believed they had truly made a difference, one girl at a time. Now an ace video maker, Komal shares her journey and inspires other Shalinis who dare to dream.





# UDAYAN CARE INFORMATION TECHNOLOGY PROGRAMME



## About the Programme

Economic stability and education are the pillars that keep families together. Udayan Care Information Technology Programme (UCIT) ensures these two by the means of learning, training and empowering youth at their IT centres.

UCIT Centres offer various certificate and diploma courses in basic as well as advanced computer applications, such as Community Technical Skills Program, Diploma in Graphics and Print Design, E-Accounting and more.

Emphasis is also laid on other aspects of holistic

development such as soft skills training, English speaking skills, financial literacy, and personality development and mentoring, to make the students ready for the professional world.

-66

Family is a unit that becomes each other's strength when the need arises.























# Origin, History and Need of the Programme

The programme planted its roots in 2004, acting as a platform to bring youth, children and women from economically weaker sections to access IT and vocational training. It empowers them through digital literacy and job-oriented skill training. Udayan Care IT Centres are a hub of knowledge and learning that open doors to new career options. The IT Centres were established on the core belief that skills improve employability and help the youth to keep up with upgraded knowledge of the ever-changing digital world.

Udayan Care initiated this programme to make women and youth from unprivileged sections of society stronger, economically independent and to increase their self-worth, thereby empowering their communities. The additional income of the youth helps them to improve their standard of living, making them less socio-economically vulnerable, and strengthens their families.

## **Facts of Importance**

million youngsters entering the workforce each year, of which 65-75% are not job ready or are unemployable. (Source: ASSOCHAM industry estimates)

million skill-deficit by 2030 in India as the International Labour Organisation (ILO) states. (Source: ILO/Indian Express.com report)

loss will be caused as projected by Accenture due to the skill gap in India in terms of gross domestic product.
(Source: 'Fueling India's Skill Revolution,' An Accenture Report, 2019)

## **Unique Features of UCIT**

- Selection and enrollment of trainees from low-income families on highly subsidised fees and freeships
- Area mapping to mobilise beneficiaries
- Job-specific and digital literacy courses
- Ongoing trainee assessment and feedback for certification
- Job shadowing and internship opportunities for trained students
- Job placement facilitation
- Capacity building of trainers and programme staff
- Partnerships and linkages with other organisations, lectures and sessions from industry experts
- Opportunities to give back through social campaigns that spread community awareness
- Strong alumni network

## **Courses Offered**

- Diploma in Computer Application (DCA)
- Advanced Diploma in Computer Application (ADCA)
- Diploma in Information Technology (DIT)
- Graphic & Print Design
- Tally ERP 9
- Desktop Publishing
- Community Technology Skills Programme (CTSP)

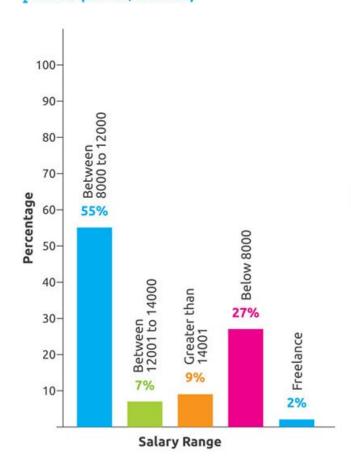
## **Certification Support**

- Microsoft
- Tally Education Private Limited (TEPL)
- National Institute of Electronics and Information Technology (NIELIT)

# Lives We Transformed

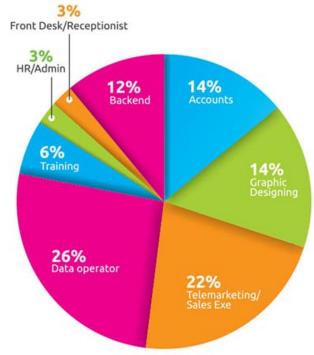


# The Salary range of the students placed (in Rs./month)

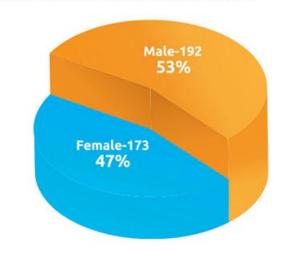




# The placement percentage of the students



#### Gender ratio of the beneficiaries



# **Activities** that keep us Together

























To ensure holistic development of students, workshops, co-curricular activities, exposure visits and festival celebrations are held. Such activities help beneficiaries to broaden their horizons and develop self-confidence.

17 life skills workshops, 14 career guidance workshops, 2 field visits for exposure, 50 co-curricular activities, 25 social work activities, 17 industry expert sessions, and 35 competitions and programmes have been held across the IT centres.

UCIT inaugurated a new IT centre at Loni, Ghaziabad with the support of Indian Oil Corporation Limited (IOCL). Two of Udayan Care volunteers from LLOYD college, Greater Noida also conducted POCSO Act Awareness session for the students of the IT centres. Design thinking workshop, a capacity building training was organised to train the trainers and staff of Udayan Care IT centres.

#### Financial Literacy Workshop

For the last few years, Udayan Care Information Technology programme has been imparting training in financial literacy which helps students understand how basic finances are managed. The financial literacy workshop was structured to cover elements like, how to save and manage expenditures. The session was facilitated by Ms. Shreya Chhaparia, CA (Finance Analyst – American Express), Mr. Shravan, CA (Tax consultant – Ernst & Young) and Ms. Ayushi, CA (Consultant – Ernst & Young). They motivated the students and helped them think ahead about saving from the day they enter workforce.



-66

Alone, we can do so little; together, we can do so much.

"



# Daan Utsav (Joy of Giving)

Building socially aware students has been a tenet of the programme, like the 'Daan Utsav – The Joy of Giving Week', which was celebrated from Oct 2 to Oct 8 across all IT Centres. This year, the youth took a pledge to stop the usage of poly bags and single use plastic packs. The students made placards, paper bags and cloth bags to drive the message home. Each Centre performed a meaningful activity which helped the youth to understand the meaning of 'Giving Back.'



# **STORIES** OF HOPE

## Acing the Skill called 'Life'

"Focus, Confidence and Curiosity take you a long way."



Bhavya, a 20-year-old pursuing her graduation in commerce from Delhi University's open learning programme, was always motivated by her father who worked as a labour contractor (thekedar), to be an independent girl, which is why she was sent to Kishwarna - Udayan Care Computer Learning Center by her parents to take admission in a Computer Course.

From day 1, she was a keen learner and enjoyed sharing her learnings. The 3-month intense training in the Community Technology Skills Programme (CTSP) course made Bhavya confident enough to grab an opportunity at a renowned firm, Target Freight Service, as a Cargo Operations Handler with a salary of Rs. 15000, which indeed was a big achievement for her and a proud moment for Udayan Care.

#### Bond of a Lifetime

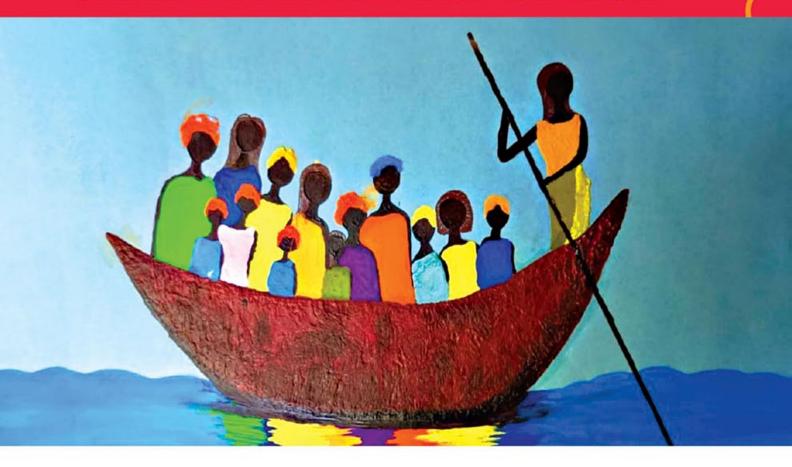
"It's hard to stay away from a place that has shaped you as an individual."



Manish has been a hard-working boy right from his childhood. In school, he would assist his father, a fruit seller, to raise a family of 5. After completing his studies from a state government school, he signed up at the Udayan Care Computer Learning Centre. He completed an 8-month DCA course from the IT centre and gave an interview at Udayan Care's head office to join the administration department as a support staff. To strengthen his skills, he joined a graphic designing course from Udayan Care's Vinod Nagar centre whilst working at Udayan Care. The course helped him get placed with a well-known firm, but for Manish, Udayan Care was his family. He chose to stay on and now, he ably supports the administration and communication departments.



# UDAYAN CARE SKILL DEVELOPMENT CENTRE



# **About the Programme**

The first UC Skill Development Centre (SDC) was established in Greater Noida in 2003 and recently in Srinagar, Uttarakhand, to help underprivileged women generate an income and become economically independent. This programme aims to benefit the young women from Udayan Ghar, as well as low-income women from neighbouring communities. It offers courses ranging from stitching, beauty therapy, pottery and paper craft to computer-aided pattern making and graphic designing.

-66

An educated girl strengthens communities by passing on her knowledge.























# Origin, History and Need of the Programme

CREATE, the Centre for Rehabilitation, Education and Thought Enrichment, began in 2003 to fulfill the skilling needs of underprivileged girls unable to complete formal education, and an ardent belief that women and young girls should be financially independent. Empowering communities is at the core of Udayan Care, which can only be done by empowering women. The skill development courses offered here enables a woman to be financially independent and lead life with dignity.

Just one stitching centre grew to become the Udayan Care Skill Development Centre, a space that became an outlet for the development of women from neighbouring communities, enabled them to supplement their family income and provided them a platform to meet other women, who eventually become their support network, even after employment.

# **Facts of Importance**

million are the total number of Entrepreneurs 58.5% in India and 14% are Women Entrepreneurs

less is paid to women than

There is no limit to what we, as women, can accomplish.

# **Lives We Transformed**



172

New Joinees 2019-2020



1504 since inception

**Total Students** 

# Centres of Skill and Opportunity

Udayan Care Skill Development Centres (SDC) at Greater Noida and Srinagar were started in 2003 and 2019 respectively. The centres have provided 1504 successful training to women in various courses, ranging from Stitching and Tailoring, Beauty Therapy, Paper Craft, Enamel Work, Block Printing and more. The courses eventually turn into livelihood opportunities for the young girls and women, so that they can support their families and be financially independent.

Udayan Care has a homegrown label 'Sukriti', which means 'beautiful creations'. Sukriti engages with various platforms to market these products, enhancing the financial independence of these women, thereby, meeting the objective of the programme. With added training and courses in Pottery, Cookery and Photography, the vision of UCSDC is to provide more choices, which increase the scope of employability among girls and women. Currently, they are able to get jobs with incomes increased by at least 20-25%, thereby, improving the standard of living of their families.

# Courses Offered

Greater Noida Centre: Sewing and Tailoring, Beauty Therapy and Grooming, Art and Craft, Enamel Work, Block Printing, Painting on Ceramics, Papercraft, and Graphic Designing

Srinagar Centre: Computers, Hospitality, Sewing and Tailoring

# Celebrating with **Family**







In May 2019, a Photography Exhibition was held, showcasing photographs captured by two Udayan Ghar Aftercare girls, Pratibha and Vanshita, who worked under the guidance of a renowned Photographer, Mr. O.P. Sharma of Triveni Kala Sangam. Udayan Care is grateful to the ace photographer and installation artist, Mr. Samar Singh Jodha, for helping to curate the exhibition.



Udayan Care also took the opportunity to showcase 'Sukriti' products. Since the women who made the garments could not attend the event, they were honoured by displaying a poster with their photos.





In November 2019, the first guests, Joseph and Lori Plater of the Church of Jesus Christ, were welcomed to the Srinagar Centre in Uttarakhand. They kindly offered to sponsor the setting up of a Beauty Training School at the Centre, in the coming year.

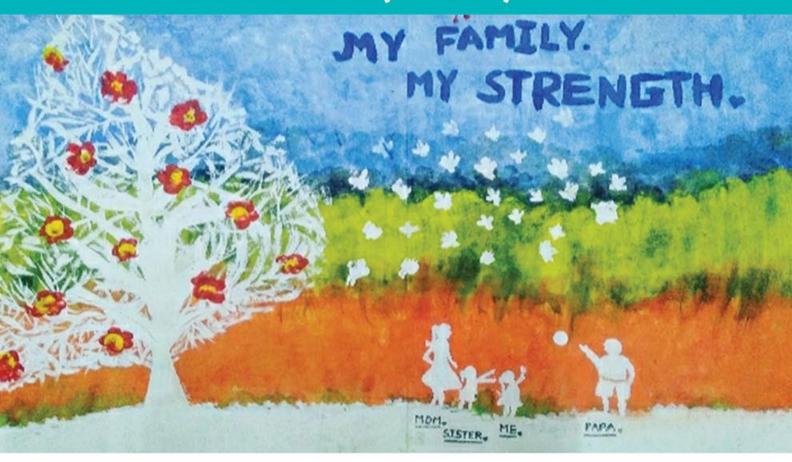


Beauty Therapy Students at Greater NOIDA -Bridal make up



Sewing students at Greater Noida

# UDAYAN CARE ADVOCACY, RESEARCH AND TRAINING (A.R.T.)



# State of Alternative Care in India

Alternative Care is an umbrella term used for care and protection of children who are without parental care. It is still an evolving child protection landscape in India. Even though the international and national policy and legal prescriptions make institutional care the last option for child care, this is predominantly the most practical choice in India,

because other forms of alternative, non-institutional care, such as kinship care, foster care and community care are still at a nascent stage. Data available from Central Adoption Resource Authority (CARA) for previous years suggests that the number of adoptions in India have been abysmally low at less than 5000 per year. It is also clear from the data





















that most children who are preferred for adoption, belong to the age group of <6 years. Chances of adoption for children above 6 years reduce drastically. Foster care is a viable option for such children, but at present, most states are only at early pilot stages of implementing foster care or are yet to formulate clear guidelines on that.

"The State shall endeavour to ensure family and communitybased care arrangements, with due regard to the best interests of the child" - National Plan of Action, 2013

Data from the 2018 Jena Committee Report<sup>1</sup> indicates that there are more than 3.5 lakh children living in more than 9000 child care institutions, which are either managed directly by the State or by the NGOs. These children are orphans/abandoned/surrendered, with their birth families incapacitated to care for them. Children, who have lived in an institutional care, often remain vulnerable throughout and are at risk of abuse and exploitation. When they leave care at 18 years, they are often ill-prepared for an independent life, which frequently results in unemployment, exploitation and homelessness.

# 3.5 lakh children living in more than 9000 child care institutions

There is a lot of work needed to promote family and community care, to prevent the separation of children from families through family strengthening and linkages, to improve standards of care at an institutional level, to work on effective transition planning, deinstitutionalisation, data management, to build capacities and skills in child protection workforce, and to focus on Aftercare to support independent living for youth, who have exited the childcare settings.



# About Advocacy, Research and Training (A.R.T.)

Our Advocacy work is focused on ensuring and enhancing the rights of children who are without parental care. While our practice on Child and Youth Care (CYC) is in India, our advocacy efforts have a larger South Asian focus. We believe in people-centric advocacy that enables civil society members and organisations to take responsibility to improve the situation of these children. Consistent efforts on this front, over the last 25 years of our existence, has given us several learnings as well as impacted the lives of children, women and youth. Being practitioners on child and youth care, we believe in evidence-based practice, and therefore, practice-informed advocacy and research.

# **Programme Objectives**

 Influence policy and decision makers by using persuasive and consistent methods such as seminars, consultations and networking, on different aspects of Alternative Care for children without parental care

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Family and friends are hidden treasures, seek them and enjoy their riches.

 <sup>&</sup>quot;Report of the Committee for Analysing Data of Mapping and Review Exercise of Child Care Institutions under the Juvenile Justice (Care and Protection of Children) Act, 2015 and Other Homes, constituted by the Ministry of Women and Child Development", Available at: https://wcd.nic.in/sites/default/files/CIF Report 1.pdf, last accessed 2 Oct, 2020

- Research and Publications
- Trainings to increasing capacities of stakeholders for better standards of care in alternative care practices
- Demonstration models of care at state level to work with local organisations and functionaries in building their capacities towards a non-institutional care approach and to focus on the continuum of care approach to support Aftercare services

"Love + Care + Happiness = Family"

# Research and Publications



# Publication of Our Research Study: Beyond 18...

We published the "Beyond 18: Leaving Child Care Institutions: Supporting Youth Leaving Care", study, initiated by us in collaboration with UNICEF and Tata Trusts, a seminal, first of its kind, study in India. The study was conducted in 5 states of India: Delhi, Gujarat, Karnataka, Maharashtra and Rajasthan, unravelling the current practices, strengths, gaps and needs of Aftercare. The dissemination launch of the study took place in New Delhi, India, on August 21, 2019 and was attended by government functionaries and INGO and NGO functionaries, child rights experts, academicians and researchers, active in the domain of Alternative Care and Aftercare. Care Leavers from Delhi presented a heart-wrenching theatrical skit at the event. The report received huge media attention. The study has also put forward the

"Sphere of Aftercare" as a rehabilitative framework for the implementation of aftercare support services that include eight independent yet inter-connected domains, such as: accommodation, physical health, emotional well-being, legal identity and awareness, education, employment, life skills and social support and interpersonal skills.



# Institutionalised Children Deinstitutionalisation Explorations and Beyond

Both issues of this academic journal, for this academic year were special issues, published in a timely manner. The Sept 2019 issue was dedicated to the issues of "caregivers" in alternative care. The March 2020 issue was again a special issue on "Deinstitutionalisation: Policies, Strategies, Practices and Implications in South Asia". Beginning 2020, the journal transitioned to the next level with this being the first year when it was co-published with SAGE publication, and also has our first-ever, guest editors' from Hope and Homes for Children, UK.

# **Publication of Research Papers**

A number of papers were published throughout the year, some prominent ones being:

 "Trauma Informed Care for Adverse Childhood Experiences among Out-of-Home-Care Children
- Developing an understanding through Case Studies from India, published in Scottish
Journal of Residential Child Care in April 2019; https://countercurrents.org/2019/06/understanding-deinstitutionalisation-in-india;

- "Understanding Deinstitutionalisation in India" was published in an online journal Counter Currents in June 2019;
- "Why is there no Provision for Orphaned Children in our Education System yet? published in Youth Ki Awaaz;
- "The Uncertain future of Young People Leaving Child Care Institutions" https://www.thehindubusinessline.com/blink/k now/how-do-young-people-leaving-child-careinstitutions-negotiate-theirlives/article29796125.ece; and
- A book review of "Beyond 18 Leaving child care institutions: a study of aftercare practices in five states of India" was published in the Scottish Journal of Residential Child Care (Volume 19.1) by Prof. Kenny McGhee, Through care and Aftercare Lead, CELCIS, University of Strathclyde.

# Papers presented in International Conferences



Dr. Kiran Modi, Founder and Managing Trustee, Udayan Care presented the findings from "Beyond 18" study, with different perspectives and focus at various international conferences. At the Sanad Conference, which was the first regional conference on Aftercare for Orphaned Youth and held from April 7-8, 2019 in Cairo, Egypt, Dr. Kiran Modi was the only delegate invited from India and gave two presentations before the august gathering on "Different Approaches to Aftercare" and "the Role of Mentoring in Aftercare Youth". At the CYC Net World Conference in Durban, South Africa, held from July 2-4, 2019, she presented "A Multi-State Study in India on Support for Youth Leaving Care". She was accompanied by the Udayan Care's Advisory Board Member and Mentor Father,

Mr. Deepak Sharma. The conference also addressed diverse child and youth care work from across the globe in engagements on policies, practices, innovative programmes and research. Dr. Modi also presented at the 34th FICE International Congress on Residential and Out of Home Care, in Israel, that was held from October 29-31, 2019 at the Poverty and Social Exclusion Conference in Colombo, Sri Lanka, that was held from December 5-6, 2019. Here she presented on "Education, Poverty, and Social Exclusion: Assessment of Youth Leaving Care" highlighting significant aspects of Capability Theory of Amartya Sen as applied to the plight of Care Leavers.

# **National Advocacy efforts**

The findings of the research was also widely disseminated at various Juvenile Justice Committee meetings at State High Court and Supreme Court consultations, with participation from Care Leavers, government functionaries, experts in the field of child protection, personnel of Child Care Institutions and members of UNICEF, and at various State Level Consultations on Alternative Care, organized by UNICEF, for functionaries of Bihar, Telengana, Tamil Nadu and Kerala.

# Series of Round Tables on Family Based Care

A national-level and two state-level round tables on "Understanding Opportunities and Challenges in promoting Family-Based Care for Children" were conducted by Udayan Care, in Bhubaneswar, Chennai and Delhi, on September 6, 13 and 21, 2019 respectively, commissioned by and with support from Catholic Relief Services (CRS). The three round tables convened experts and practitioners with experience of working with vulnerable, abandoned, orphaned and at-risk children in different capacities, possessing knowledge and expertise in prevention of family separation, family strengthening, gatekeeping, and alternative family-based care models. Stakeholders included professionals and activists, working in the capacity to actively

advocate for changes to the present child protection systems, such that preventive aspects become as important as child protection measures, which remains largely confined to institutional care today.

# An Address on Caregivers' Challenges

A workshop facilitated by Dr. Bharti Sharma, who, with over 30 years of experience, shared her learnings in policy and its implementation, support systems for caregivers, and what measures caregivers could take to ensure the best for children, all supported by instances and experiences from her work. Her talk included roles and responsibilities, legislative support, individual health, burnout, and wellness of those who care for children growing up outside family care.

# Mental Health Workshop with Global Experts



In collaboration with Children's Emergency Relief International (CERI), a workshop was conducted on "Mental Health Care Needs of Children in Out-of Home Settings" to discuss resilience, post-traumatic stress disorder, self-harm, suicide and learning disabilities. Key speakers included Dr. Kiran Modi, Mr. Kris K. Bryant, Dr. Dorcas Adepoju, Dr. Nimesh Desai, Mr. Vikram Dutt, Ms. Akanksha Chandele, Dr. Deepak Gupta, Ms. Rita Singh and Mr. Dheeraj Bhasin.

## Deinstitutionalisation, Independent Living & Social Reintegration of Children in CCIs



Dr. Kiran Modi made a presentation on "Social Integration of Children living in Childrens' Homes", at a conference organised by TISS Mumbai.

## The 1st-ever Indo German Care Leavers' Meet in India

The Indo-German exchange meet between care Leavers was a grand success which was held in partnership with University of Hildesheim, where Care Leavers from Germany and India met in person, in Delhi, to share and know about each other's struggle and victories.

#### Implementing a New Project on Aftercare in Bihar

Continuing to accord priority to our work on Aftercare, after the publication of our seminal research on the subject, a pilot project was initiated with support from SCPS, Bihar and UNICEF, Bihar, to work in two districts of the state and strengthen aftercare services and support. The project entails capacity building of children, youth and functionaries in three CCIs and one aftercare home in the state. The expected outcome of this intervention is "Policy influencing on alternative care with focus on transition readiness and Aftercare".

# **Training**



- Several sessions were conducted on a range of alternative care issues in the district of Ganjam, Odisha, as part of a collaborative partnership with Catholic Relief Services. The sessions took place from June to December 2019, and focussed on strengthening the understanding of the participants on the family-based and alternative care avenues available along the continuum of care, barefoot counselling, ICPs and SIRs, and case management aspects.
- 2-day divisional workshop on Alternative Care was conducted for district child protection officers in partnership with UNICEF-RMLNLU, in Basti, Uttar Pradesh.
- Upon invitation by the Tamil Nadu State Child Protection Society, a four days training workshop on non-institutional care for children without parental care, was conducted in Chennai with 60 members from all the districts.

Impact figures and Highlights of 2019-2020:

10,483

total people were reached out directly through various advocacy and training programmes.

# **Looking Ahead**

With clear pillars of advocacy, research and training, the emphasis, going forward, is on building evidence for change in alternative care at the ground level in India. Efforts will be made to undertake interventions at district and state level to demonstrate actual change in caring with a focus on non-institutional approach. With international learnings and networking with global players and partners, the next steps will be aimed at applying the learnings from practice and knowledge, and promote the ideological concept of the 'Sphere of Aftercare', as proposed by the study.

Emphasis will also be given to developing modules and curriculum on Aftercare, transition planning and capacity building with Children and Youth in Care, as well as district child protection workforce.

'Global connections with Care Leavers to bring them together through multi-sectoral approaches' will also be made in the coming years, especially by developing forums and spaces that support peer learning and strengthening of this space. 'Pilot projects to directly support Care Leavers in different cities of India' will also be explored.

# UDAYAN CARE VOLUNTEER PROGRAMME

# Believing in a Cause

Volunteering has been one of the strongest pillars of Udayan Care since its inception. Volunteers bring diversity, inclusion and energy to each of our programmes, and strengthen our governance and management. With a focus on long term committed volunteers that act as agents of change, Udayan Care's Volunteer Programme enables individuals and corporate employees in India and globally to share their time, skills and resources with less privileged children and youth. The Internship Programme provides students on-the-job exposure to the not for profit sector.

# Volunteers and Interns 2019-20

Our long-term and lifetime volunteers include the Udayan Care Board of Trustees and Advisory Board Members; Udayan Ghar Mentor Parents; Udayan Shalini Fellowship Convenors, Core Committee Members, Mentors, and Mentor Didis; Committee Members of Skill Development Centres, Board of our academic Journal "Institutionalised Children: Explorations and Beyond", each one committed to the children, girls, women and youth in our care; some drive advocacy for the cause.

This year, we were privileged to have the support of 166 interns and 116 volunteers, for several projects. We were also supported by 14 international volunteers and interns from countries like the United States, Portugal, Brazil, Germany, Colombia and Spain.

## Short Term Volunteers/Interns

92 Indian Volunteers

166 Indian Interns from over 32 Universities and Colleges

11 International Volunteers and Interns from 6 countries

13 Corporates engaged

## Long Term Volunteers

19 Conveners

100 USF Core Committee Members

563 Mentor Didis

723 Corporates mentors

30 Mentor parents (Udayan Ghar Programme)

6 Advisory Board members

**7** Trustees

8 Skill Development Centre Members

16 Editorial Board Members
'Institutionalised Children:
Explorations and Beyond'

# Volunteer Engagement & Activities



Mentor mentee meet, USF Baddi Chapter



Tiffany Thorpe and Dave Thomas (MD, adidas) at Udayan Ghar, Mehrauli



POCSO Act awareness session **UCIT Centre** 

Mercer Volunteers at Summer Camp-Greater Noida Home





Mentor Workshop USF Mumbai



Cognizant & Google Volunteers Visit Gurugram Udayan Ghar



Feed India Volunteers at Gurugram Boys Udayan Ghar

# **VOLUNTEER'S** VOICE

#### **Abhay Raj**

Intern, Udayan Care Jindal Global Law School, Sonipat



# "I feel enriched"

A life changing-organisation, Udayan Care, adequately summarises the saying of Mother Teresa, "I alone cannot change the world. But I can cast a stone across the waters to create many ripples." I must admit that I was aware of this saying but not its essence and meaning. But during my first year of law school, where I was finding a right path to serve the society, Udayan Care came as a saviour. Not only did I learn the essence of this quote, but the internship also provided me with a reality check.

Coming to the best part of being associated with Udayan Care, it is not difficult to contribute with such an enriching team. The team, particularly, the ambition of Kiran ma'am to make this world a better place for the unprivileged, enriches and aids each contributor at every point.

I would recommend everyone to volunteer, intern, donate, and be associated with the 'family' at Udayan Care.

"

Family is a life jacket in the stormy sea of life

## Ms Rukmani Haldea, IAS (Retd.)

Ms Rukmani Haldea IAS (Retd.) Honorary Mentor Mother (Udayan Ghar, Jaipur) Trustee and Convenor USF-Jaipur Chapter



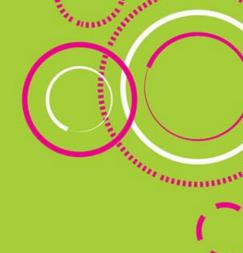
# 'Home (Ghar) is where the heart finds peace'

I owe it to my parents for instilling in me the value and desire to do social work.

Coming to Udayan Care, while posted in Delhi in 1995, I came to learn about the wonderful work being done by Kiran Modi in the area of child care. Once I met Kiran, and was exposed to her dedication and involvement in her mission of providing home-like environment to abandoned/orphaned children, I was completely bowled over. There was no turning back. She became my inspiration and guide. While in Delhi, I volunteered in going over to Sant Nagar Home and teach some of the kids. They still remember me fondly for the chocolates, I used to get for them whenever I visited; Kiran revealed to me a decade later, at an event. The hours I spent with these girls were the highlight of my stint in Delhi and it was unimaginable the love and warmth I received from them. While in Delhi, Kiran also associated me with some of her Committees. So my bonding with Udayan Care was complete.

I used to tell Kiran that my dream was to put an Udayan Ghar for girls in Jaipur after my retirement and be more closely associated with the organisation. As Providence had it, we opened our Home in 2010, and later with the launch of the Shalini Programme my cup of joy overflowed.

Now, as a Trustee, when I interact with the members and staff, it further strengthens my ties with Udayan Care.



# UDAYAN CARE AROUND THE GLOBE

# **Udayan Care USA**

Udayan Care USA (UCUSA) was incorporated in 2009 by Udayan Care's international volunteers and donors Jesse George-Nichol, Ricky Surie, and Seth Call—as well as Dr. Kiran Modi, founder of Udayan Care India. UCUSA was established to improve the lives of disadvantaged women and children in India and to spread awareness of their plight in the United States.

We are proud to announce the induction of five new Board members in May of 2019, Rakhi Agarwal, Ohio; Anitha Kosanam, Ohio; Ruchi Saran, California, Netoo Sethi, Illinois, and Vishal Goyal, New Jersey. The Broad's diverse geographic spectrum means increased awareness building and fundraising efforts for Udayan Care USA in the future. Moving on as Board Emeritus are Anita Akerkar and Divya Singh who have long served as Treasurer and President. Board members, Monika Saksena and Vishal Goyal, discontinued towards the end of 2019.

The current Board members are Dr. Kiran Modi, Aneesha Wadhwa, Jesse George-Nichol, Shraddha Gupta, Netoo Sethi, Anitha Kosanam, Ruchi Saran, and Rakhi Agarwal, all placed across USA and India.

#### **Events**

The annual Sip and Savor event that was supposed to be held on February 9, 2019 was delayed to April 21, 2019 due to a snowstorm and was eventually held with better success (in raising funds) than its previous year.

#### **Donors**

We are immensely grateful to all our donors, whether as individuals or as corporates, who came



on board and gave us the much-needed support. We would like to mention these donors who contributed a significant amount: Rajiv & Latika Jain Foundation, Suresh Raja, Hemant and Suniti Thapar, James Sheppard, Diljit Ahluwalia Family Foundation, F5 Networks, Devraj Chitnis, Hardeep Dhaliwal, Anita Akerkar, Richard Brawn, Mona Butani, Abhimanyu Das, Meena Dhawan, Carina Weyer, Jesse George-Nichol, Prashanth Goyal, Durr Mahajan, Jamuna Makhija, Lisa Mohanty, Srivats Srinivasan, Darshana Shanghag, Prashanth Shekar, Jujhar Singh. Sanjana Swamy's corpus donation, earned interest and continued to support Shalini Fellows.

We are very grateful to all of them.

# **Udayan Care Australia**

#### Overview

Udayan Care Australia (UCA) was set up in 2008, in Sydney, by our volunteer, Julie Lantry, to raise awareness and resources for disadvantaged children, youth and women in India, through the very effective programmes run by Udayan Care India. The current committee members are Isabel Sahni, Julie Lantry, Saman Kazmi and Dr. Kiran Modi.

#### **Events & Donors**

Westpac confirmed their commitment of donating \$10,000 per year for the Udayan Shalini Fellowship Programme. Mr Saman Kazmi organised a fund raiser for Eid in June last year which raised around \$600 through donations and sale of Udayan Care Skill Development Centre items. We continue to have monthly donations from Sally Carter for the Udayan Ghar Programme.

# **Udayan Care Germany**

#### Overview

Udayan Care Germany was founded in 2014, by our volunteer, Thomas V. Hake, who after serving in India, took upon himself to set up its presence in Germany, to raise awareness and resources for Udayan Care India's programmes. The current executive board members are Thomas V. Hake, Nina Aldag and Niels Hiddemann, with Juergen Osterhage, a well-known German journalist, as its Chairman. The annual budget of 10.000€ of Udayan Care Germany helped 50 Shalinis on their way to a bright future, in the Greater Noida chapter of the Udayan Shalini Fellowship Programme.

#### **Events**

Unfortunately, UC Germany's annual Charity Dinner was cancelled at the end of March, due to the Covid-19 pandemic.

#### Donors

Until now, the world seems to be upside down and Covid-19 means restrictions for everyone around



the world to an extent no one could ever think of. We can only imagine how difficult things might be in other countries and the associated financial burden and loss. UC Germany is raising additional funds to support Shalinis and their families as livelihoods seem upended by the pandemic.

As always, we would especially like to thank Gerlinde Buchinger Schmid for her generous contributions. Udayan Care Germany would not be what it is without her!

We would also like to thank every single donor for their yearly contributions that strengthen families across Udayan Care Programmes.

"

Having somewhere to go is home. Having someone to love is family. And having both is a blessing.









# **Events**

- ADHM 2019 also saw 336 Individuals,
   4 Corporates (Make My Trip, Power Finance

- Corporation, FCM Travels, NTPC) & 4 Care Champions ran to support Udayan Care's vision of "Making Young Lives Shine". Our Star Champions Mr. Deepak Sharma, Anup Kalra, Tarun Walecha and Jia Bhargava pushed their fund-raising targets to new heights. Our newest and youngest 16-year-old iCare Champion Ms. Jia Bhargava ran 10 km and pledged to raise Rs. 1 Lakh for the cause of education.
- Adidas, one of our biggest supporters, organised an adidas – Udayan Care soccer match on September 17, 2019 at their premises. Pitched against each other, Udayan Care won hands down, but it was the camaraderie and care of the adidas team that brought the teams closer together.



- During Daan Utsav, from October 2-8, 2019, our generous donors Make My Trip, Microsoft, and adidas gave us an opportunity to set up stalls at their office premises and exhibit the products made by women from Skill Development Centre, even as the children, girls and youth across our programmes celebrated by giving rather than receiving.
- Can assist held their Annual Kids Carnival on a sunny winter day at the Canadian High Commission. They were kind enough to invite our Udayan Ghar children to be their guests of honour, where they performed a folk dance, played outdoor games with volunteers and enjoyed snacks on the sunny lawns.
- Mr. Shikhar Malhotra (Trustee Shiv Nadar School and Executive Director - HCL Corporation) visited Noida Boys home to celebrate his son Armaan's birthday with our children of Noida Boys. Ms. Tisha Palit visited the Girls home and organised Lunch and ice cream for the children. Ms. Ruchi Kohli, who is our new donor, also visited our Noida Girls home, post Diwali, to spread and share the love and joy with the girls.
- Udayan Care was a charity partner at a Mumbai fundraising event – Umrao Jaan Ada, a musical play adapted from an Urdu novel by Mirza Hadi Ruswa.
- Tata Mumbai Marathon- Udayan Shalini
  Fellowship Mumbai and Thane had their debut
  run at the Tata Marathon, with supporters,
  Shalinis and mentors raising awareness for girls'
  higher education.

# **Donor Support**

- Vatika group, our long term supporters, sponsored a trip to the Tirthan Valley, Himachal Pradesh, for 13 children of Udayan Ghar from April 21-April 27, 2019. This trip helped our children to learn by interacting and exploring with the locals which increased their confidence and also improved their social and interpersonal skills. The trip has rejuvenated and refreshed the minds of our children.
- ADOBE funded our West Vinod Nagar centre to equip children and youth with the necessary IT skills in order to secure a good job.
- Our 15th IT Centre at Noida was made possible because of HCL, who pledged to change the lives of youth through digital literacy. The Yuvakendra ensures employable skills for youth in local communities, strengthening families through economic security.
- Toyota Material Handling India Pvt. Ltd conducted a CSR event on September 7 at Gurugram Udayan Ghar (Boys). Their generous donation of a silent generator set, water coolers, water softeners and desert coolers has helped make the harsh summer a lot easier to bear for the young boys of the home.





# GRATITUDE REPORT

## Validations & Memberships

- Benevity Causes (USA)
- · Charities Aid Foundation (CAF) (India, UK, USA)
- Community of Evaluators (COE)
- · Credibility Alliance
- Give India (UK, USA)
- · Global Giving (USA, UK)
- GreatNonprofits.org
- Guide Star India
- ICONGO
- Indian Institute of Corporate Affairs (IICA): Implementing Agencies Hub
- · International Child and Youth Care Network (CYC-Net)
- International Research Network on Transitions to Adulthood from Care (INTRAC)
- ISO 9001: 2008
- Tata Institute of Social Sciences (TISS): National Corporate Social Responsibility (CSR) Hub
- · United Nations Economic and Social Council (ECOSOC)

# Volunteer Organisations Providing Volunteers

ConnectFor, Goodera, Internshala, iVolunteer, Merit Track Services, Omprakash (USA), Tata Proengage, U & I, Volunteer Match

## Law Firms Helping in Policy Development

Association for International Development (A4ID), Agility Center (Hewlett Packard Enterprise, India), Obhan & Associates, Remfry & Sagar, Thomson Reuters Foundation

# Volunteering and Internship Partnerships with Schools and Colleges

Below is the list of colleges and universities, who joined hands with Udayan Care this year and provided us with Interns /volunteers, who contributed immensely towards serving our cause by developing materials, conducting, workshops, and teaching children.

# Schools, Colleges and Universities in India

Aligarh Muslim University, Ambedkar University, Amity University, Ansal University, Ashoka University, Banaras Hindu University, Banyan Academy of Leadership in Mental Health, Benett University, Bhagwan Parshuram Institute of Technology, Bhartiya Vidya Bhawan, Bharati Vidyapeeth's College of Engineering, Blooming Dales International School, Bharatiya Vidya Bhavan's Usha & Lakshmi Mittal Institute of Management (BULMIM), DAV Public School, Vasant Kunj, Delhi Public School R.K. Puram, Delhi Technlogical University, Department of Mental Health and Studies, Moolchand, Dr. Bhim Rao Ambedkar College, Fortune Institute of International Business (FIIB), Galgotias University, Gautam Buddha University, Guru Gobind Singh Indraprastha University, Indraprastha Institute of Information Technology Delhi (IIIT Delhi), Indian Institute of Foreign Trade (IIFT), IIS University, IIT, Delhi, Indraprastha University, Institute of Hotel Management, Gwalior, Jamia Millia Islamia, Jamia University, Kurukshetra University, LLOYD Law College, Lovely Professional University, Punjab, M.S. University, Maharaja Agrasen College, Maharaja Agrasen Institute of Technology, Guru Gobind Singh Indraprastha University (GGSIPU), Maharaja Sawai Man Singh Vidyalaya, Jaipur, Maharaja Sayajirao University of Baroda, Maharshi Dayanand University, Rohtak, Mar Gregorios College of Law (MGCL), Modern School, Vasant Vihar, St. Xavier's College, Mumbai, Step by Step School, Noida, Swami Vivekananda Subharti University, Meerut, Symbiosis International University, Symbiosis School of Economics, Pune, Tagore International School, Tata Institute of Social Sciences, Mumbai, TERI School Of Advanced Studies, UP Technical University, Lucknow, Vasant Valley School, Navy Children School, O.P. Jindal Global University, Pathways World School, Aravali, Saint Anns School, School of Inspired Leadership (SOIL), Sharda University, Shri Ram School

Colleges from University of Delhi - Aryabhatt College, Department of Psychology, Delhi University, Gargi College, Hans Raj College, Hindu College, Janki Devi Memorial College, Lady Irwin College, Lady Shri Ram College, Lakshmibai College, Mata Sundari College for Women, Motilal Nehru College, Sri Venkateswara College International Universities & Colleges - Duke University, Emory University, Karaganda Medical University (Kazakhstan), Singapore Management University, Texas A&M University, University College Copenhagen Faculty of Health, University of Rosario, University of Toronto, Instituto Superior de Contabilidade e Administracao do Porto, Portugal, Gymnasium Höhenkirchen-Siegertsbrunn (Germany), University of Munich (Germany).

# NGO Engagement and Other Partnerships

We partnered with several NGOs, and other organisations, across India, who helped in many ways, from sourcing beneficiaries to providing them platforms for social work, to raising awareness about Udayan Care, conducted workshops on Career Development, art workshops, etc.; some even provided internship opportunities.

Aadhya Foundation, Anjuman Islam, Association For Advocacy and Legal Initiatives (AALI), Aasra Trust, Adamya Chethana, Akanksha Foundation, Amcha Ghar, Ananda Foundation, Angel Express, Antarang Foundation, Aruna, Blind School Bhosari, Centre for Applied Research and People's Engagement (CARPE), Canassist, Chetna Learning Center, Counsel to Secure Justice (CSJ), DASRA, Daliyon Ka Dagadiya NGO, Door Step Schools Organisation, Doorstep, Drishyakala, Druvansh, Dyandeep Highschool Rupeenagar, Eaton India Foundation, EFICOR, Global Interfaith Wash Alliance, Geetha Foundation, Gold Heart Foundation, Hamaara Sapna, HAQ Centre for Child Rights, Healing Nest Foundation, HNB Garhwal University Srinagar, Humara Sapna, ICICI Foundation, I Teach Schools, Indo-German Chamber of Commerce, Human Touch Foundation, Inner Wheel Club, Janmithra, Jyoti Yatra, Kailash Satyarthi Foundation, Kanya Shala Pune, Waghere, Kriti Trust, Leadership Fairways Consulting Pvt. Ltd. Leher, Masoom, Nanhi Kali, My Home India, NGO Vikas Vishranti, Nudge Gurukul, Patashibai Ratanchand Manay Kalyan Trust, Pehchaan, Pehchaan, Kurnivits (Part of Kurniv) Foundation, Pune, Pratishtha Foundation, Prayas Foundation, Prerana Ashram (Vridh Ashram), Kurukshetra, Rainbow Homes, Saathi Centre, Salaam Bombay Foundation, Salam Balak Trust, Sampoorna Club, Shashi Kiran Charitable, Shri Kalptaru Sasthan, Sir Aurobindo Society, SOSVA, Srijan Foundation, Sundarabai Rathi Girls High School, Tapan Rehabilitation Society, Nelokheri, Tatva Wellness Point, The Shelter Progetto India Charitable Trust, Vatsalya Vatika-Kurukshetra, Vidhyalay Uddhyam Association-Hiladri, Vidya India, Vigyanshala, Vishwas Vidyalaya, VishwaYuvak Kendra, Water Supply and Sanitation Collaborative Council (WSSCC), Where are India's Children (WAIC), Youth Council for Development Alternative (YCDA).

## Corporate Engagement

Under CSR and even as part of the Company's policy, many Corporates organised events and employee engagement programmes across our projects. Some Corporates organised capacity building workshops, even Immunisation Camps for our beneficiaries.

Accenture, Adroit Solutions, Amazon India, American Express, Ameriprise Financial, ASOS, Beacon Holidays, Big Bazaar, Bonanza Portfolio Ltd., Brandwidth Events, Business Connect, Cocusto, Cognizant, Google India, Entrepreneur, Evervantage, Feed India, Genpact, Greenlam, IDS InfoTech limited, Inventia Healthcare Ltd., Just Lifestyle Pvt. Ltd., Kohli Chitkara & Co LLP, Krishna Maruti Group, Krisumi Pvt. Ltd., Lalit Kala Academy, Lemon Tree & Red Fox, Larsen & Turbo, McDonald's, Mercer, Microsoft, Mid-Day Infomedia, New Acropolis, On Graph Technologies, Optum India, Orbit Exports, Phoenix Club, Red FM, Relaxo Footwear Ltd., SNC Lavalin, Tiens Group, Tata ProEngage, Toyota Material Handling India Pvt. Ltd., UFLEX INDIA, Rupa and Co, United Colors of Benetton, Urbana, Vatika Group, YUM Group

# Capacity Building of Beneficiaries, Members and Employees

Volunteers and resource people from India as well as across the world enriched our children and staff by holding several capacity building and professional workshops. Some of our Trustees as well as Advisory Board Members also contributed their expertise and skills towards making Udayan Care a professionally managed organisation.

Akansha Arora, Advisory Board Member, Udayan Care worked strategically to devise quarterly Performance Appraisal system for the employees of Udayan Care. Ashok Chakraborty, Core Committee Member, USF Noida, took 2 sessions on Email Etiquettes. Mr. Malak Bhatt gave crucial inputs for the POSH documents and conducted a session on the same for the staff of Udayan Care. He has also given significant contribution for EWS policy for Aftercare.

Deepak Sharma, Trustee, Udayan Care took a session for Carers on Udayan Care on Values – Vision, Mission, and Values during Udayan Care Annual Summer Camp. He also introduced ISIBINDI Model and worked for our CIRCA values. Nicole and Ms. Richa from Leher worked upon Restorative Circles in Residential Care Setting. Rajnish Virmani, Core Committee Member USF, Gurugram took multiple sessions of Leadership training. Pratisandhi Foundation took sessions around Menstrual Hygiene and Understanding sex and sexuality for young adults, UG and USF staff.

## **Udayan Ghars**

While many workshops were conducted from time to time for our children in Udayan Ghars, some of them are mentioned below:

#### Resource Persons

Akanksha Chandele, Ashish Chakravarty, Deepali Ruhela and Anshul, Dr. Bharti Sharma, Dr. Gunisha, Dr. Sandeep Kahyap, Dr. Deepak Gupta, Dr. Sandeep Kashyap, Falak and Saraswati, Prof. KC George, Keshav Lal, Kris K. Bryant, Dr. Dorcas Adepoju, Dr. Nimesh Desai, Mr. Vikram Dutt, Anupriya Dalmia, Dr. Deepak Gupta, Ms. Rita Singh and Mr. Dheraj Bhasin, Manisha Piyush, Meenu Aggarwal, Moushum, Nageshwar, Pranay, Prof. Severine, Rahul Sharma, Sony Rag, Tommy Thomas, Vineet Jain, Krishan Panchal, Prof. Sushama Sharma, Vikas Mathur, Dr. Ritu Joshi, Priya Virmani, Sarvar Drishyakala, Ramendra Kumar, Kashif, Sarita Sachdev, Lily Ghosh, Rohini, Zakir, Suraj, Ita, Anarya, Ashique, Shafi Uddin, Arvind Sahni, Ravinder Kaur, Kashish.

#### **Topics**

Sessions on Self-care, Art and Craft Workshop, FAIRSTART Training Programme for caregivers, Inspiration & Coping with Challenges, Oral Hygiene, Neurobehavioral Sequelae of Childhood Trauma, First Aid, Child Protection and Safeguarding, Pranic Healing Sessions, Child Rights and Protection for the Functionaries, Session on Power of Storytelling and Addressing Burnout, Mental Health Care Needs of Children in Out-of-home Settings, Reuse of Waste Material, Talk on Nutrition, Sports for Development, and Stress Management during examination, Save Earth, Importance of Education, Career Counselling, Guidance, Motivation Workshops, Menstrual Hygiene, Career Counselling, Resume Writing, Microsoft Excel Environment, Cooking without Fire, Emergency Disaster Management, Voting Awareness, Awareness on World Heart Day, How to Operate Fire Extinguisher, Protocols on Covid-19, Dance and Movement Therapy, Restore a Masterpiece, Cyber Safety, Sex and Sexuality, Building Children's Manifesto for Children's Parliament, Cookery Classes, DIY Science Experiments, Taekwondo Lessons, Understanding Emotions, Entrepreneurship, Inner Life Skills Coaching, Examination Anxiety and Stress Management.

# Udayan Shalini Fellowship Programme

Our dedicated staff, enthusiastic mentors, passionate committee members, and the ever increasing band of volunteers and resource people from the corporate and academic sectors enhance the capacities all around by conducting workshops on leadership and life skills for the Shalinis and staff. We are grateful to all of them, some of

whose names are mentioned below, as space constraint does not permit to mention all:

#### **AURANGABAD**

#### Resource Persons

Abha Pachhisia, Anila Vijay, Anuradha Dhoot,
Anvita Agarwal, Arti Pal, Asha Rasal, Dimpi Machhar,
Dimple Bindra, Gayatri Nagori, Karishma Guruditte,
Komal Banswal, Mamta Bagla, Meena Sinha, Neeru Loya,
Nirmal Patel, Pooja Mehra, Pradnya Borde, Preeti Asawa,
Rafiq Jamadar, Rajni Sendad, Sangeeta Bhatia, Sarita
Hood, Seema Madan, Seema Surana, Shailja Sanganeria,
Shweta Kandoi, Sudha Bazaz, Vinya Bhagwat,
Vrinda Pathak

#### **Topics**

Adaptability & Learning, Card Making, Career Counselling, Communication-4 CV Preparation & GD Practice, Conflict Management, Financial Management, Foundation-Emotional Intelligence, Foundation-Planning Vision Creation & Goal Setting, Interview Skills using by Assertiveness for Employability, Managing Workplace Bias-Women's Right, Meditation, Motivational Talk on Alphanumerical for all time, Non-verbal Communication, Paper Bags Making, Parents Meet, Positive Language, Presentation on Celebrating Change event, Quilling, Self-defence, Values, Verbal Communication, Women's Day Celebration, Workplace readiness- Teamwork, Workplace Readiness: Initiative and Enterprising, Yoga

#### BADDI

#### Resource Persons

Aditya, Archana Arya, Ashish Singh, Ayush Vikram, Chaman Jaiswal, Kamla, Mohd. Faheem Khan, Neetu Saini, Naresh Sharma, Priyanka Sharma, Sanjeev Kumar, Rahul, Tarun Amandeep

#### Topics

Goal Setting, Planning Ahead, Women's Health and Hygiene, Embrace Change, IT Skills (Email Writing), Negotiation Skills, Assertiveness, Non-verbal Communication, Managing Workplace Bias, Emotional Intelligence, Foundation-Planning, Vision, Creation and Goal Setting, Cyber-crime and Finance Management and Finance Management

#### **BENGALURU**

#### Resource Persons

Arun Subramani, Haricharan, Jwalika, Jayashree, Kriti, Mariya Thomas, Mubina, Punarvas, Mamata Mutt, RJ Shruthi, Sub-inspector Reshma Vanishree, Shimoni, Savi, Sahana Prasad

#### **Topics**

Career Awareness, Motivational Session, Careers in Commerce, Careers in Law and How to Crack Entrance Tests, Careers in Media, Communication 2 – Non-verbal Communication, English Session, How to Learn Efficiently, Her Life Journey and Career in the Police Force, Careers in Medicine, Bonding Workshop, Fun Session, Storytelling, Foundation – Planning, Vision Creation & Goal Setting, Foundation – Emotional Intelligence, International Women's Day, Self-improvement, Why and How Women Need to be Smart and Safe

#### CHENNAL

#### Resource Persons

Anandhi, Kumaran, Sharmila, Sundralingam, Umasreenath, Umasree

#### Topics

Effective usage of English Language, Verbal and Non-verbal Communication, Goal Achievement, Punctuality and its Values, Email Writing, Emotional Intelligence, Communication and Teamwork, Positive Language, CV Writing

#### **DELHI (NORTH)**

#### Resource Persons

Anand Shankar, Ashish Aggarwal, Ashok Chakravorty, Bhaskar Preenja, Dimpika Pawar, Dr. Garima Singh, Jatin Anand, Mohd. Faheem Khan, Manshi Pandey, Neha Gora, Pooja Tripathi, Pratibha Sharma, Rakshit Tandon, Saubia Arshi, Sridhar BT, Yasmeen

#### Topics

IT Skills- Email Writing, Foundation-Career Awareness and Guidance, IT Skills - Using Internet for Jobs, Mentorship Training, Choices of Career & IT Course, English Comprehensive Test, Water, Self-defence, Parents Meet, Kathak Session, Intel & Nasscom Foundation-Free Computer Training for Shalinis, Assertiveness, Non-verbal Communication, Cyber Security, Awareness regarding Government Jobs, Workplace Readiness - Initiative & Enterprising, Interview Skills, Microsoft Session, Emotional Intelligence, Seminar on "Skill Development and Entrepreneurship" at Vishwa Yuvak Kendra, CV Preparation, Goal Setting, Managing Workplace Bias, Adaptability & Learning, Youth Festival at Vishwa Yuvak Kendra, Problem Solving and Conflict Management, Cognitive Skills, Corporate Mentoring and Orientation Programme, Orientation and Mentoring Session with TATA Volunteers, Positive Language, Financial Management, Mock Interview

#### **DELHI (SOUTH)**

#### Resource Persons

Deepak Ahlawat, Puneeta Puri, Ramesh Bijlani, Sanjeev Gupta, Smriti Mishra

#### Topics

Career + Dream, Collective Responsibility and Team Work, Exam Preparation - Stress Management, Habit and Awareness, Joy of Giving, Kavya Story, Peer Pressure, Personality Development- Communicational Skills, Stress Management

#### **DEHRADUN**

#### Resource Persons

Anil Verma, Farha Naaz, Mohd Faheem Khan, Palak Rawat, G.S. Rawat, Lanzom Hukil, Rakesh Rayal, Varuna Tamta

#### Topics

Celebrating Change, Career Opportunities, IQ, EQ and SQ, Our Social Responsibilities and Career Opportunity, Sign Language, Hobby and Passion, Menstrual Hygiene, "New Year's Resolutions" Goals and Determination, Career Awareness and Guidance, Foundation Values, Using Internet for Jobs, Email Writing, Non-verbal Communication Skills, Assertiveness, Interview Skills, Initiative and Enterprising, Planning, Vision Creation and Goal Setting, Emotional Intelligence, Workplace Biasness Women's Rights, Teamwork, CV Preparation and GD Practices, Positive Language, Verbal Communication, Personal Finance Management, Adaptability & Learning

#### **GREATER NOIDA**

#### Resource Persons

Ashok Chakraborty, Brig. Arun Gupta, Bhasker Pranji, Bhavya, Deepak Sharma, Deepak Singh, Ela Baijal, Jeshu Tyagi, Nidhi Bhatia, Commander Rajan Bhandari, Ram Yadav, Shikha, Vallabh

#### **Topics**

CV Preparation, Interview Facing Skills, Personal Grooming, 'Social Media' & Interaction with Senior Leaders, How to Cross Dress for Success, Why Girl Child is Important for Society?, Menstrual Hygiene, Communications 5- CV Preparation, GD and Mock Interviews, Foundation-Career Awareness and Guidance, Assertiveness, Foundation: Planning Vision Creation and Goal Setting, Power of Subconscious Mind, Teamwork, Focus, Session on CIRCA Values, Workplace Readiness, Personal Finance Management, Non-verbal Communication, Foundation: Emotional Intelligence, Giving Back, Managing Workplace Bias, IT Skills using Internet, Self-awareness, Power of Focus

#### **GURUGRAM**

#### Resource Persons

Anjali, Dr. Avtar Singh, Capt. SK Thakur, Deepak Bhatnagar, Dr. Garima Singh, Meena- SI Haryana, Mentor's from RBS, Rajnish Virmani, Saurabh Upadhya., Shivangi Tamta

#### **Topics**

Passion, Interview Skills, Initiation and Enterprising,
Assertiveness, Non-verbal Communication, Passion,
Career Guidance Session with Parents, IT Skills, Email
Writing, Problem Solving & Conflict Management,
Adaptability and Learning, Communication-2, Positive
Language, Emotional Intelligence, Parents Meet, Finance
Management, Motivational Session and Career Guidance,
Water, Sanitation and Hygiene (WASH), Leave No One
Behind (LNOB)

#### **HARIDWAR**

#### Resource Persons

Ambika Kapila, Chitra Kashyap, Chitra, Deepa, Mohd. Faheem Khan, Lakhmi, Mani Katari, Pooja Jaguri Vanita, Preetshikha Sharma, Vivek, Vishakha Panwar and Dr. Sandhaya Vaid, Yogi Sonu Sahdev

#### **Topics**

Assertiveness, Adaptability and Learning, Biases and Women Rights, Communication and Positive Thinking, Career Counselling and English Spoken, Career Counselling, CV Preparation & GD Practice, Communication and positive Language, Communication Listening and Speaking, Decision Making, Emotional Intelligence, Exam Preparedness, Financial Management, Health and Hygiene, Interview Skills, Initiative Enterprise, IT Skills, Orientation Planning and Goal Setting, Self-help Group, Time Management, Workplace Readiness-Teamwork, Yoga and Meditation

#### **HYDERABAD**

#### Resource Persons

Abidh, Anhad, Anuradha, Bhaskar, Dr. Lalita Anand, Giridhar, Gopi & Vinay, Himabindu, Ishmeet, Kapil, Manasa & Bhargavi, Manasvi, Meera, Murali, Nandini & Rambabu, Noma, Pallavi, Piyush, Prasanth Premalatha, Ramya, Renuka, Sangeetha, Sayonee, Shrinkhla, Sreelaxmi, Tasneem, Tjombe, Vamshi, Vasantha, Vijay

#### Topics

Problem Solving, Email Writing Skills, Resume Building, Safe Surrender, Initiative & Enterprising, CV Preparation & GD Practice, Adaptability & Learning, Using the Internet for Jobs, Interview Skills, Teamwork, Problem Solving & Conflict Management, Values, Assertiveness, Managing Work Place Bias (Women's Right), Personal Finance
Management, Career Awareness & Guidance, Non-verbal
Communication, Emotional Intelligence, Verbal
Communication, Planning, Vision Creation & Goal Setting,
Positive Language, Logical Reasoning, Unlearn the Wrong
Habits, Why Education is Important?, Vision Creation and
What is the Real Meaning of Literacy, Discuss on Careers
& Financial Management, CHOD, Ted X, Importance of
Dreaming, Ready Steady Grow, Peer Pressure, Career
Awareness (Army), Mindfulness, Teenage Foundation,
Meditation, Parents Sessions, Importance of Conservation,
CIRCA – Values of USF, Gender & Patriarchy, Yoga,
Mock Interviews

#### **JAIPUR**

#### Resource Persons

Akansha Pandey, Anjali Sahu, Anju Choudhary, Aparna Shrivastav, Arjun Tiwari, Asha Bhatnagar, Ashok Gupta, G.K. Tiwari, Garima, Gaytri Jadeja, John Davis, Jyotsna Mehta, Neha Gyamlani, Poonam Kumari and Team Genpact, Rahul Agustien, Renuka Pamecha, Sanjeev, Shubham Sharma, Sheetabh Sharma, Shujata Singh, Shweta Bali, SI Hukum Singh & Team (Police Department), Tarun Bansal, Vishnu Lamba

#### **Topics**

Career Awareness, Planning, Vision Creation and Goal Setting, Team Building, Improving English Vocabulary, Workplace Readiness - Initiative & Enterprising, IT Skills -Using Email Writing for Jobs', CV Preparation, Resume Building, Communication, Positive Language, English Communication and Confidence Building, Save the Environment, Importance of Perseverance for Students' & Work Assertiveness, Non-verbal Communication, Gender Sensitisation, Citizen Amendment Act, Improving English Vocabulary, Managing Pain & Body Fitness, Communication Skill & Peer Pressure, Career Counselling, Self-defence, Leadership, Women Empowerment, Career in Hospitality, Garment Industries, Spoken English Session for 3 months, Career in Paramedical, Career Counselling, Foundation Values & Uses of Internet for Jobs, Stress Management, Time Management, Managing Workplace Bias (Women Rights), Foundation-Emotional Intelligence, Time Management, Personal Finance Management, Exam Preparedness, Problem Solving & Conflict Management, Verbal Communication, Workplace Readiness-Teamwork & Foundation-Emotional Intelligence, Career in Hospitality, Importance of Social Work

#### **KOLKATA**

#### Resource Persons

Dr. Ananya Bhowmick Mitra, Dr. IN Chatterjee, Nizam Shamim, Piya Banerjee, Roshan Das, Vaishali Ghosh

#### **Topics**

Addressing India's Economic Slowdown and Embracing its Human Potential, Career Selection, How to Deal with Challenges and Mental Health, Good Health is the key to a Steady Mind & Soul, Session on Governance

#### KURUKSHETRA

#### Resource Persons

Amber Kesarwani, Archana Sharma, Asha Verma,
A. K. Mittal, Bhanu Vig, Prof. Arun Kesarwani, Dr. Manish
Madan and Dr. Madhvika Madan, Mohd. Faheem Khan,
Dr. Navneet, Neetika Mittal, Dr. Pooja Chonwaria,
Dr. Renu Adhalakha, Dr. Renu Sohta, Prof. Dr. Ram Niwas,
Prof. Sathans, Prof. Dr. Sushama Sharma, Dr. Yogeshwar
Joshi, Sh. Arun Ashree, Sh. Devendra Sachdeva, Sh. Krishan
Kumar, Sh. Y.K. Goswamy, Seema Sharma, Sunita Rani

#### **Topics**

Empowering PWDs: Role of NGO and GO, Empowering PWDs: Role of NGO and GO, Harnessing the Power of Mind, Importance of National and International Day, Foundation-Planning, Vision Creation and Goal Setting, Art & Craft Workshop, National Youth Day Celebration, Assertiveness & Emotional Intelligence, Women's Day Celebration, Diya Decoration, Career Awareness, Be Passionate to Achieve Goals, Session on Mass Communication, Positive Language, IT Skills using Internet for Jobs, Importance of Group Discussion, Significance of Hindi Language, CIRCA Values, Non-verbal Communication and Plastic Ban

#### MUMBAI

#### Resource Persons

Alapinee Deshmukh, Anahita Sanjana, Ashumi Mehta, Ayesha Pandit, Bhavisha Bhogeshra, Bijal Gala, Deepti Kocheta, Dipti Patole, Dipti Shah, Faraz Potia, Geetanjali, Gyanika Narayanswamy, Kartik Jhaveri, Mansi Mishra, Pooja Mehra, Rachana Puri, Radhika Shah, Rajdeep Lahri, Rita Nag, Rustom Warden, Sachindra Puthran, Sayli Potdar, Shailaja, Munshi, Shalini Prasangi Rapaka, Shruti Madhiwalla, Siddhi Shah, Skynanda, Smita Sanghavi, Snehal Soni, Suchitra Kothari, Tarannum Desai Pachigar, Vaishali Patel, Vandana Dalal, Vinita Fernandez, Vratika Sangtani, Yishaan Patel

#### **Topics**

Auro Youth Camp, Career Awareness, Dynamic Meditation, Effective Communication Skills, Exposure Training, General Biases, How to Introduce Yourself, Legal Rights, Menstrual Hygiene, Money Management, Myths & Trends in Career Opportunities, Nutrition Management during Menstruation, Personal Effectiveness & Assertiveness, Reflection Session, Resume Building, Seed Forward, Self-reliance, Tata Mumbai Marathon Training, Udayan Care Values, Udayan Care Values-June, Vision Board & Goal Setting, Yoga Workshops

#### NOIDA

#### Resource Persons

Jeshu Tyagi, Kanika Dalmia, Shruti Rana, Umesh Upadhyay

#### **Topics**

Menstrual Hygiene, Planning and Goal Setting Breaking Glass Ceiling, Confidence Building through Storytelling

#### **PANCHKULA**

#### Resource Persons

Arun Talwar, Anoushka Sahni, Baldev Singh, Dr. Deepti Singla, Dolcy Narang, Dr. Manav Dhingra, Mohd. Faheem Khan, Meenu Bansal, Sushil Singla, Ravia Rai, Umesh Narang, Vinita Dewan, Vivek Atray

#### **Topics**

Vision and Goal Setting, English Speaking, Life Skills, Medical Workshop, UC CIRCA VALUES, Career Awareness & Time Management, Finance Management, Verbal Communication, Positive Language, Special Programme on Women's Day

#### **PHAGWARA**

#### Resource Persons

Amandeep Kaur, Ashish Singh, Mohd. Faheem Khan, Monika, Ramanpreet Kaur, Reema Bains, Kritika Sharma

#### **Topics**

Power of Subconscious Mind, Non-verbal Communication, Career Guidance, CV Preparation, Interview Skills and Personal Grooming, Self-awareness, Assertiveness, Personality Development, Giving Back, Power of Focus, Patriotism, Verbal Abuse, Gender Equality, Communication, Stress Management, Women Rights, Exam Preparedness

#### PUNE

#### Resource Persons

Prof. Ashish, Aanchal Sant, Afreen Patel, Archna Aggarwal, Bhagyashri, Bhavana Kulkarni, Divya Bhatia, Dilip Reddiar, Harshad Tathed, Kshama Jain, Monisha, Nayana Prabhu, Narayan S, Netra Bhosale, Rohit Ghosh, Rachana Daas, Sheetal Vohra, Shruti Sugwekar, Saurabh Sharma, Sheetal Vohra, Shruti Sugwekar, Suvarna Mungee, Sajida Bagwan

#### Topics

Yoga Session, Values, Parents and Mentors Meet, Career Guidance, Commerce Stream Career Guidance Session, Science Stream Career Guidance Session, Pranic Twin Heart Meditation, Sleep Hygiene and Stress Management, Exam Preparedness, Communication Skills, Potter's Earth Career Discovery Report explanation, Positive Thinking - A Way Forward, Non-verbal Communication, Session on Udayan Care CIRCA Values, Emotional Intelligence,

Nutrition for a Healthy Life, Career Choices, Positive Language, Career Awareness and Guidance, Self-defence Training Session, Goal Setting, Career Test Report explanation and Report Distribution, Basic Dental, ENT and Weight Check-up, Women Health and Wellness, Importance of Social Contribution

#### THANE

#### Resource Persons

Alpa Shah, Anita Amarnath, Bhavisha Bhogesara, Himani Shah, Kritika Goel , Nayan Kumar, Rajesh Bajaj, Seema Nahata, Seema Nahata , Vishakha Bhagnani

#### **Topics**

Career Counselling, Creative Craft, Emotional Intelligence, Financial Health, Legal Awareness, Vedic Maths, Vision Board, Women's Day Poster Making Activity, Yoga, Yoga & Self-defence

#### **VADODARA**

#### Resource Persons

Bhumika, Deepti Gangera, Harprit Kaur, Khayati Patel, Rameshwari Gujjar, Rameshwari Gujjar, Sharad Mohan, Sonalben Shah, Vijay D'souza, Vikaram Kapasi

#### **Topics**

Confidence Building, Debate and Group Discussion Techniques, Etiquette, Exam Phobia, How to Select Career, Knowing Myself, Loving Myself, Personality Development, Pop-up, Stage Performance and Exercise, Stress

# **Udayan Care IT Centres**

A lot of capacity building workshops happened for our students and even for staff in out, IT centres too.

#### Resource Persons

Abhishek Pandey, Aditya Mishra, Ankit Singh, Amit Kumar, Arushi, Gaurav Kumar, Imran Khan, Ravi Chaurasiya, Ravi Rautela, Ruqba Rashid Siddiqui, Shravan, Shreya Chhaparia, Trikansh Spall

#### **Topics**

Financial Literacy, POCSO Training, Art & Sketch, Photography, Graphic Work Review, Motivational Session, Motivational Session on Girls Empowerment, Life Skills Session

## Care Leavers Network and Association (CLAN)

University of Hildesheim, Germany for facilitating the Indo-German care leavers meeting.

# Gratitude for Aiding Us in Our Advocacy Efforts

We are thankful to all our partners, ranging from the Government, INGOs, NGOs and individuals for supporting us in our Advocacy, Research and Training work through the year.

We acknowledge the support of UNICEF India and the Bihar state office for partnering on our first aftercare state project.

We also extend our gratitude to the team at Hope and Homes for Children, UK for their consistent support in expanding the scope of the Biennial International Conference (BICON) from South Asia to the whole of Asia and bringing several international organisations on board to take the 4th BICON forward. We thank them, especially Dr. Delia Pop, Ms. Tessa Bouddrie and Mr. Mark Riley for also coming on board as Guest Editors for the March 2020 issue of ICB and making the journal a richer resource on alternative care.

We are thankful to. Dr Bharthi Sharma for sharing her rich experience and nuanced tips on working around the challenges of child care in Delhi. We are also grateful to Dr. Bharthi Ali, Dr. Neelam Sukramni and Ms. Ritu Mehra for their inputs in conceptualising our five-year strategy and vision for Advocacy.

We also thank Shri Ramesh Negi and Ms. Rita Singh from the Delhi Commission for Protection of Child Rights for their support in initiating the Aftercare Suvidha Kendra for care leavers.

We acknowledge the contribution of individual support received from Ms. Gerlinde Büchinger-Schmid. We thank SOS Kinderdorf International for the valuable support to the production of our academic journal ICB and also thank our Editor-in-chief, Dr. Monisha Nayar-Akhtar, all the editorial board members and the peer reviewers for their contribution to ICEB.

#### Partnering with Academic Institutions

We are immensely grateful to the schools, colleges, and coaching institutes, who share our vision and become our 'Partners for Change', in bringing about a transformation in our children and youth, from such disadvantaged backgrounds, through quality education. Our children and youth are live examples of what good education can do to shape one's future!

#### Udayan Ghar Children and Youth

- Amar Education Society, Noida
- Bal Bharati Public School, Jal Vayu Nagar, Noida
- · Blue Bells International School, East of Kailash
- Cambridge School, Greater Noida
- CSKM, SATBARI (Col Satsangi Kiran Memorial School), New Delhi
- Deep Memorial Public School, Delhi
- Dharam Singh Memorial Public School, Sector 73, Sarfabad, Greater Noida
- Delhi Paramedical and Management Institute, New Delhi
- · Delhi Public School (DPS), Greater Noida
- Fitlink Institute, Mayur Vihar, New Delhi
- · Four Step Vocation School, G.K-I, New Delhi
- · Friends Public School
- · Genesis Global School, Noida
- Gita Girls Sr. Sec. School, Kurukshetra
- Global Indian International School, Noida
- Greenfield Public School, Kurukshetra
- Gurukool School, Gurugram
- Gurunanak Public Sr. Sec. School, Kurukshetra
- India International School, Jaipur
- Maharishi Vidya Mandir, Sector 36, Noida
- Mata Bhagwanti Chaddha Niketan, Noida
- Merry Angel School, Greater Noida
- Modern School, Vasant Vihar
- Pallavanjali School, Gurugram
- · Paramhans School, Haryana
- · Pragyan School Greater Noida
- Preet Public School, Delhi
- R. S. Public School, Delhi
- Rabindranath World School, Gurugram
- Rajkiya Balika Intercollage, Noida Sector 51
- Rose Land Public School, Gurugram
- Sagar School, Alwar, Rajasthan
- Sanskar School, Jaipur
- Seedling Modern High School, Jaipur
- Shankara Special School, Noida
- Shirdi Sai Baba School, Noida
- Shridi Sai School, Faridabad
- ST. PBN Public School, Gurugram
- Tagore International School, Vasant Vihar, New Delhi
- The Sagar School, Tijara, Alwar, Rajasthan
- Umang School, Jaipur
- Universal Public School, Delhi

#### For Udayan Shalini Fellows

- · Antarang Foundation, Mumbai
- Chetana Learning Centre
- GD Goenka University
- Global Institutions
- · Howard Coaching Center
- · Karma Coaching Classes
- Panipat Institute of Engineering and Technology (PIET)
- Rakshpal Bahadur Management Institution
- The Potter's Earth Career Advisors
- Yashashree Classes

## Stalls for Our Products

Our gratitude to the Corporates, Colleges and Embassies, who encouraged us to set up stalls in their premises to showcase Udayan Care Products.

Adidas India Marketing Pvt. Ltd., Ankur Charitable, Ashoka University, Genpact, Rakhee Bazaar, Royal Bank of Scotland, Ruchira Darda and Kandoi Shweta, Canadian High Commission, Make My Trip.com, Intach Gurugram Chapter, The Australian High Commission

# Contribution of Space and Infrastructure

We are truly grateful to some of our members, other individuals and institutions, who partnered with us and gave their spaces and infrastructures pro-bono to us to run our programmes, functions and workshops, which became a huge cost saver for us.

# For Udayan Ghars

- Udayan Ghar for Boys (Home 5), Gurugram by Sat Krishna Charitable Trust
- Udayan Ghar for Girls (Home 14), Faridabad by Seeraj Katoch
- Udayan Ghar for Girls (Home 15), Vasant Kunj by Ankur Society
- Udayan Ghar for Girls (Home 16), Faridabad by Quota International

# For Udayan Shalini Fellowships

#### **AURANGABAD**

Bajaj Bhavan (CMIA Hall) provided space to conduct USF Workshops

Dhoot Motors provided office space

Nath Valley School provided space to conduct Induction Ceremony Rajkutir, Ramakunj, Paithan Road, Aurangabad provided space to conduct USF Workshops

#### BADDI

Govt. Sr. Sec School Baddi provided space for conducting Interviews and written exams. Govt. Sr. Sec. School Gullerwala, Govt. Model Sr. Sec. School Barotiwala, Govt. Senior Secondary School Mandhala, Govt. Senior Secondary School Manpura, Govt. Senior Secondary School Khera, Govt. Girls Senior Secondary School. Nalagarh gave a venue to conduct written exam and helped in the selection process.

#### BENGALURU

Government PU College Basavangudi provided space to conduct USF related activities.

#### CHENNAI

Madras Management gave space for the Induction Ceremony

Genlite Engineering Pvt. Ltd. provided office space Corporation Girls School provided space for workshops

#### DEHRADUN

Welham Girls' School, Dehradun provided space for conducting the selection process and Induction Ceremony. Marshall School, Dehradun gave space for conducting Written Test. GGIC, Rajpur Road, Dehradun provided space for conducting Small Group Workshop, Alumni Meet and Orientation Programme.

#### **GREATER NOIDA**

Pragyan School provided infrastructure for the written test

#### **GURUGRAM**

Satkrishna Charitable Hospital, Narsinghpur provided infrastructure to conduct programme-related activities

Government Girls Senior Secondary School Khandsa gave space to conduct written exam and interview

#### HARIDWAR

Prem Nagar Ashram provided the venue for USF Programme activities

Swami Darshnanad Institute of Management and Technology Haridwar (SDIMT) College gave a venue for Quarterly workshop and Alumni Meet

Guru Nanak Darwar Ranipur Sector-2 BHEL, Haridwar gave space for Small group workshop

Akansha School provided their venue for a small group workshop

Bal Mandir School (BHEL) gave premises for written exam and interview

#### **HYDERABAD**

Meridian School provided space for conducting programme-related activities

#### **JAIPUR**

Sr. Sec. Girls School Malviya Nagar, Govt. Sr. Sec. Girls School Gangapole, Govt. Sr. Sec. School Sanganer, Govt. Sr. Sec. School Jhotwara, Govt. Maharaja Sr. Sec. School Choti Chopad provided space to conduct entrance exam, interviews, quarterly workshops and Small workshops.

Rajasthan Scout & Guide Training Center provided space residential workshop and Maharani College Jaipur for Induction ceremony.

#### MUMBAI

Kshrujan – Conducting workshops for the Shalinis K.J. Somaiya College of Engineering provided space for Residential Camp

Liberty Cinema Hall provided space for Induction Ceremony

Marwari Vidyalaya provided space for Written Exam & USF Workshops

Sudhanshu Kejriwal Disti India Advisors provided office space

Priyadarshini Park, Sir Aurobindo Society, Shantivan Garden & Kilachand Garden provided to conduct Yoga Workshop

Salaam Bombay & Disti India Advisors helped in conducting Interviews for the new batch (Selection process of the Shalinis)

Sir JJPB School, Bombay International School, Anjuman I Islam Allana Management College provided space for USF Workshops

Somaiya Centre for Lifelong Learning, Salaam Bombay provided space for Mentor Workshop

The First Steps School provided space to conduct USF Workshops and Career Counselling sessions

#### NORTH DELHI

Mahavir Senior Model School gave space to conduct USF related activities and supporting staff throughout 18 years.

#### NOIDA

Cambridge School provided space for Induction
Ceremony and workshops. Rajkiya Balika Inter College
gave space for Written exams and Interviews.
Noida Kanya Inter College, Bhavani Shanker Inter College,
SK Inter College and Nav Jeevan Inter College gave
support in selecting deserving and eligible girls.

#### **PANCHKULA**

Hansraj Public School, Sector-6 provided space for the Induction ceremony. Govt. Senior Secondary School, Sector-19 gave space for the written exam, interview and workshops. Sri Radha Raghav Manideer Sector-4 provided space for workshops.

#### **PHAGWARA**

Arya Model Senior Secondary School, Phagwara gave space for conducting Written Exam, Interviews, Induction Ceremony and workshops. S.D. Putri Pathshala Girls Senior Secondary School, Hadiabad, Phagwara gave space for conducting workshops.

#### PUNE

My School -Pimpri- B1 for facilitating selection process and workshop, S.S.P Shikshan Santha's - Ganesh English Medium School Dapodi for organising Workshops at their venue.

#### SOUTH DELHI

Shri Aurobindo Ashram provided space to conduct programme activities

#### THANE

GCC- International School provide auditorium to organise Induction ceremony, Our Lady of Nazareth High School provided classrooms for conducting exams and interview, Sandi Pani Learning Centre- Pre-School provided space to conduct monthly workshops, Terapant Bahavan-Community Hall provided space to conduct yoga sessions, Ajay Saini, Trustee GCC International School provided the venue for Orientation, Barthol Machado- School gave space for Exam and Interview.

#### **VADODARA**

M.S. University – Institute of Leadership and Governance, workshop

Paramount Ltd. – Providing a place for Women's day celebration

# Spaces for Running Information Technology Centres (UCIT)

We are grateful to the following for partnering with us and giving their spaces and infrastructure to run the IT Centres in their premises: Kishwarna Charitable Trust (Badarpur, Delhi), Sat Krishna Charitable Trust (Narsinghpur, Haryana)

# Space for Skill Development Centre (SDC)

Space for Skill Development Centre (SDC) Uttaroday Kilkeleshwar Trust for providing space to set up the Skill Centre in Srinagar, Uttarakhand

# **Medical Support**

Our huge gratitude to all the doctors and hospitals, who care for our children and ensure they remain in the pink of health!

We extend our sincere gratitude to Dr. Shamsher Dwiwedee, a neurologist for all neurological issues; Dr. Shiv Sarin, ILBS Hospital for all clinical treatments and check-ups; Dr. Harsh Mahajan, Mahajan Imaging Labs; Dr. S.K. Kacker and Dr. Arvind Kacker, Delhi ENT Hospital and Research Centre, Jasola for doing ENT treatments and check-ups; Dr. Navin Dang & Dr. Manju Dang, Dr. Dangs Lab for all health checkups and diagnostics;

Dr. Naresh Trehan and Pankaj Sahni, Medanta Hospital for health check-ups; Dr. Vaishnav and Dr. Charu, Noida Medicare Centre for their support in clinical treatments and check-ups, Dr. D.K. Shama for all skin ailments.

Our deepest gratitude to Dr. Abhimanyu, Sat Krishna Charitable Hospital; Ahuja Eye & Dental Institute Dr. Anjali Vaish for all the dental check-ups; Arogyam Super Specialty Clinic and Dr. Ashe Sahai; Dr. B.M. Banta, Banta Clinic and Dr. D.A. Holani; Dashmesh Eye Centre for all the eye check-ups; Dr. Deepak K Mathur, Dr. Gaurav Kapoor and Dr. Gunjan Sharma; to Dr. Kalpana, SAI Hospital, Noida; Dr. Shrawan Kumar, Vasant Hospital; Dr. Shivani Singh, Dr. Subhas Dawar; to Dr. Karan Bhalla, Dent Asthetica for all the dental treatments and check-ups. We are thankful to Dr. Kriti Verma and Dr. Manoj Gupta, Vidur Clinic; Dr. Mayank Kaurani, Dental Spa; to Dr. Manish S Kansal, Shanti Home; Dr. Makashir's Diagnosis Medical Lab for all diagnostics; to Dr. Minna Tandon and Dr. Namita Gupta; to Dr. Poonam Dental Clinic for dental diagnostics and treatments. We are also sincerely grateful to Dr. Pushpa Chandra and Dr. Rajat Jain for extending their clinical expertise for our children;

Dr. Rajpreet Soni, Prem Niketan Hospital and Medical Research Centre, Jaipur; Dr. Rani Rusi's Clinic for health check-ups; Dr. Sajiv Adlakha for speech therapy; to Dr. Sandeep Kashyap; Dr. Sanjeev Tripathi.

We are also grateful to the followings hospitals: ICARE
Eye Hospital Noida, Kurukshetra Nursing Home, National
Hospital, Royal Eye Care and Research Centre/ KCJ
Diagnostic and Research Centre Sharda Hospital, Shastri
Eye Care, Sree Krishna Medical & Research Centre,
Sunder Hospital, Taneja Diagnostic Centre

#### CHENNAL

Eye Camp held in Muthu Kumara Swamy College for Shalinis

#### **JAIPUR**

Santokba Durlabhji Memorial Hospital organised a general health check-up of the girls in Residential Workshop

#### **KURUKSHETRA**

Dr. Manish Madan and Dr. Madhvika Madan conducted Dental check-up for Shalinis

#### MUMBAI

Anahita Pandole and Dr. Khyati Shah, Breach Candy Hospital

Swati Smita, Mira Dalvi Sahni, Mohyana Srinivasan, Seema Sharma provided financial aid for the treatment of Shalinis' Parents

#### **PANCHKULA**

Ojas Hospital Sector-25, Panchkula provided free Dental and Gynecologist check-up and Shalinis & their parents free OPD consultation facility.

#### PUNE

Cotiviti India Pvt. Ltd. supported free health check-up camp

Dr. Netra Bhosale and Dr. Afreen Patel did ENT and Dental check-ups for Shalinis

#### THANE

Disha Multi-specialty Polyclinic for helping our Shalinis with medical facilities at nominal cost every time

#### **VADODARA**

Ramkrishna Paramhansa Hospital Swatiben Trivedi - Medical check-up of Shalinis

# Sports Facility/Programme, you were Supported in

R.K. Khanna Stadium, New Delhi for tennis classes Ishwar Gupta from Shitu \_Ryu Sports Karate \_do Association for teaching Karate

Ramagya Sports Academy, Noida for different sports activities

Pradyuman Guar, teaching Karate

Sawai Maan Singh Stadium free coaching of Table tennis, volleyball and Lawn tennis

# Printing and Designing Support

#### MUMBAI

Mehernosh Mistry, Ampersand Printers for printing certificates, mugs, paintings and visiting cards. Kamal Dhareva K.D. Practice Consulting Pvt. Ltd., Sudhanshu Kejriwal, Disti India Advisors for printing USF documents as and when required.

#### THANE

Kamal Dharewa, K.D. Practice Consulting Pvt. Ltd. provided designing support

# Media Coverage

Audio Broadcast and Interview of Dr. Deepak Sharma, Honorary Director & Advisory Board Member Udayan Care, Dr. Kiran Modi, Honorary Managing Trustee, Udayan Care with 'the Brand Called You - converse with future', by Mr. Ashutosh Garg, as part of their Social Sector series.

# **Legal Affairs**

We are always grateful to Arvind Gupta for his legal support. We are also indebted to Ms. Deepika Khanna for her legal advice. We are also thankful to Remfrey and Sagar law firm for their support in assisting us with legal matters. Advocate Malak Dutta has been always supportive with his words of advice.

# **Accounts and Auditors**

#### **JAIPUR**

P.S.D and Associates

#### MUMBAI AND THANE

K.D. Practice Consulting Pvt. Ltd.

#### Donation in Kind

We appreciate the kind donations given by individuals, corporates and foundations in kind, which not only fulfilled the multifarious needs of our children and youth but also saved the organisation from big expenses. These varied from donations of computers to furniture, from television and washing machine to coolers, from designer clothes to linen and sheets, from grocery and fruits to spices and pickles, from books to stationery to everyday usage items.

#### Corporates and Foundations

Adidas (I) Marketing Pvt. Ltd., like every year, this year again made the Annual 14th adidas-Udayan Care Annual

Sports Day come alive, with children and staff kitted with Adidas sports gear across all 17 homes and 2 Aftercare Programmes.

APCO Worldwide, Apeejay School, Atkins India, Actis
Technologies, Adidas (I) Marketing Pvt. Ltd., Arrow group,
Benetton, Cognizant, Dainik Bhaskar, Donatekart,
Feeding India, Fizzy Goblet, Genpact, Greenlam,
ICG-Medical, KAZO, Krisumi Corp. Pvt. Ltd., Lemon Tree
Hotels, Relaxo Footwears Ltd., Tiffany & Co.

#### NGOs, Club and Institutions

Ernst & Young, Ladies Club, MCKS Food for the Hungry Foundation, Rann Foundation

#### **Individuals**

Aakriti Periwal, Aanchal Machhar, Abhijit Naikdesai, Ajay Kumar Pandey, Alok Singh And Namrata Singh, Anil Bedi, Anjali Lal Ji, Anjali Virk Ranger, Anju Bagla, Anuradha Dhoot, Anurag Khurana, Archna Aggarwal, Arti Mittal, Ashok & Deepak, Ashok Mundra, Avanish Kumar, Ayushi Jain, B.P. Singh, Bhamini Rao, Chandni, Chopra and Family, Dimpi Machhar, Dipankar Arora, Divya Bhalla, Dr. Atul Choudhary, Dr. Geetika Goyal, Gautam Kaul, Girish Sharma, Harindar Singh, Harsh & Rachna, Hina Goyal, Ignacio Jimenez, Indra Tewari, Jigyasa Batra, Jolly Gupta, Kailash Kandelwal, Kalpana Chandra, Kanjalika Jaiswal, Kautilya Verma, Khushi Dayal, Komal Jain, Kusum Duggal, Larissa Wood, Madhavi Thirani, Mamta Bagla, Manju Agarwal, Mega Singh, Monisha Sardana, Nandini Kaushik, Narendra Pal Singh, Navneeta Sharma, Neelu Chandra, Neeru Gandhi, Neeti Kumari, Neetika Kumari, Neha Chopra, Neha Jhunjhunwala, Nitin, Neelam Virmani, Nitin Saluja, P.K. Madan, Pallavi Sinha, Pooja Aggarwal, Pooja and Hemant, Pooja Mehra, Praveen Yadav, Pranav Kansal, Priya Gandhi, Priya Virmani, Purnima, Pushma Sharma, Pushpa Sharma, Rachna Jain, Rahul Gupta, Rahul Tiwari, Raj Kumar Mishra, Raj Lingam, Raj Vadera, Rajeev Trivedi, Rajiv Gupta, Rajneesh Tyagi, Rajnish Virani, Raman Arora, Ranjan Wadhera, Ranjana Nautiyal, Rashmi Kedia, Ravindera Kumar, Renu Taneja, Rita Khattar, Ritu Agarwal, Ritu Bhatia, Ritu Gupta, Ritu Maheshwari, S.C. Sahni, S.K. Gupta, S. Manjit Singh Dhupia, Sangeeta Goel, Sapna Pathak, Sarita Saraf, Seema Sharma, Shanti, Shashi Agarwal, Shailja Sanganeria, Sheetal Jhunjhunwala, Shilpa Sharma, Shushila Goyal, Sonia Jain, Subhadra Jindal, Sudha Bazaz, Sujata Sood, Sumadha Upadhaya, Suman Gupta, Suman Modi, Sumit Madan, Sunil Choudhary, Sunil Sachdeva, Sushil Kumar Singhal, Sushil Nahata (Maharaja Caterers), Sweta Kapadia, Tarun Yadav, Tina Arora/ Mrs. Rani Kakkar, Rajneesh Virmani, Urvashi Arya, Vandana, Varudha Singh, Veena Bhatnagar, Vidhi Kheria, Vimlendu Bhushan Singh, Vinay Gupta, Vineet Chikara, Vinod Mahajan.

## Financial Grants & Donations

We are grateful to every donor for their support. It is because of you that we can transform lives and reach out to many in need, but due to space constraints, we are mentioning individuals whose donations were above Rs. 50,000 and corporates who donated Rs. 1 Lakh and above.

#### Individuals

Aanchal Jaipuria Bhandari, Abhimanyu Das, Akanksha Gomber, Ameera Khanna, Aneesha Wadhwa, Ankit Nagori, Anuprass Bazaz, Arun Talwar, Ashok Gupta, Ashvin Rao, Bimal Kumar Kajriwal, David Thomas, Deep Kalra, Deepak Sharma, Deepika Saini, Diya Khanna, Geetika, Gerlinde Buechinger Schmid, Gowri Ishwaran, Hardesh Chojher, Harleen Kaur, Hemant Thapar, Ignacio Jimenez Artacho, Ishan Aditya, Jasleen. H. Singh, Kanika and Amit, Karan Khanna, Krishan Kumar Khurana, Meera Sawhny, Melappalayam Srinivasan Vijayaraghavan, Meenakshi R. Rao, Nadia Stuewer and James Stone, Nandkishor Kagliwal, Nikunj Khandelwal, Nirmala Devi, Nisha Devi, Pankaj Sahni, Pearl Kaushal, Philippe Bonan, Pooja Haldea, Pushpa Sharma, Rajiv Jain, Ritu Joshi, Rohan Haldea, Rohini Haldea, Rajesh Aggarwal, Rohini Rao, Sameer Mehta, Samir Gandhi, Sanjay Gupta, Santhosh Madangarli, Saral S. Tandon, Satyanarayan Goel, Saurabh Singh, Sandeep Yadav, Sheetal Bahri, Shikhar Malhotra, Shiva Sureka, Shobha Akerkar, Sudhanshu Kejriwal, Sunil Kumar Singh, Sunil Singh, Sunita Sharma, Suman Modi, Suresh Rajamanickam, Tarun Kumar Harnathka, Tilak Raj Chaudhry.

#### Corporates

- · Accrete Hitech Solutions Pvt. Ltd.
- Adidas India Marketing Pvt. Ltd.
- Amadeus Software Labs India Pvt. Ltd.
- · Amar Tea Pvt. Ltd.
- · Bengal NRI Complex Ltd.
- Bengal Park Chambers Housing Development Ltd.
- BG-Li-In Electricals Ltd.
- · Boutique International Pvt. Ltd.
- · Century Plyboard Pvt. Ltd.
- Cotiviti India Pvt. Ltd.
- Choudhary Exports
- CTR Manufacturing Industries Ltd.
- Dhoot Transmission I Ltd.
- Endress+Hauser (India) Automation Instrumentation Pvt. Ltd.
- · Estate of Late Bomi Sorabji Bulsara
- Exide Industries Ltd.
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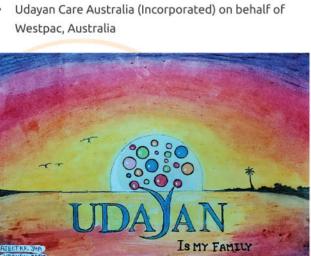
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- United Decoratives Pvt. Ltd.
- · United Way of Mumbai
- · Volga Transmissions Pvt. Ltd.
- West End Investment & Finance Consultancy Pvt. Ltd.
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- WS Atkins India Pvt. Ltd.
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- · Yum! Restaurants (India) Private Ltd.
- · Zinnov Management Consulting Pvt. Ltd.
- · ZS Associates India Pvt. Ltd.

#### Funding Agencies, Foundations & others

- Ankur
- Apax Foundation
- · Arrows Group Foundation
- · ASOS Foundation
- · Bajrang Kajaria Charitable Trust
- · BC Jindal Foundation
- · Benevity Cause
- · Catholic Relief Services
- · Caring Hand For Children
- · Chand Kumari Sunderlal Golchha Trust
- · Chetna Foundation
- Child Resource Center
- Commit2Change
- · Diljit S Foundation
- Dhanpatmal Virmani Education Trust & Management Society
- · Eaton India Foundation
- · Emami Foundation
- · Fidelity International Foundation
- · Friends of Foster Care India
- Give Foundation
- Give India
- · Global Giving Foundation
- · Greenply Foundation
- HCL Foundation
- · High Commission of Canada
- Home of Hope INC.

- ICG-Medical
- Indus International
- International Children's Network
- ipartner India-UK
- India Cares Foundation
- Jamnalal Bajaj Foundation
- Jeevika Saarthi Foundation
- Lal Family Foundation
- MakeMyTrip Foundation
- Metores Trust
- Miracle Foundation India
- Nasscom Foundation
- Navneet Foundation
- Nargis-Wa-Fatima
- Neotia Foundation
- Orbit Foundation
- Pathak Brindavan Vedic Ashram
- Rajasthani Mahila Sangathan
- Ramnath Dhoot Charitable Trust
- R.C. Infinity Foundation
- Samvedana Foundation
- Samta Purushottam Agarwal Memorial Foundation
- Sat Krishna Public Charitable Trust
- Sewa Canada International Aid Inc.
- SOS Kinderdorf International
- Shikshadaan Foundation
- **Shooting Stars Foundation**
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- Supreme Court of India
- SVP Philanthropy Foundation
- The J.R.D And Thelma J. Tata Trust
- The Lily Foundation
- The Lotus Charitable Foundation
- Westpac, Australia



- Udayan Care Deutschland e.V.
- Udayan Care USA
- **UNICEF Bihar**
- **UNICEF India**
- **UPS Foundation**
- Urvi Ashok Piramal Foundation
- Vcare
- Vikram Sarabhai Foundation

#### Corpus General

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David Thomas and Tiffany Thorp

Nadia Stuewer and James Stone

#### **Corpus USF**

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Pushpa Sharma

Sudhanshu Kejriwal

Sunita Sharma

### Corpus - USF/ Dolly Anand Endowment Fund

Adarshpal Singh

Dolly Anand

Kavita Anand

Sarabjot Singh Anand

# **UDAYAN CARE** IN THE NEWS





बाल देखभाल संस्थानों से निकलने वाले युवा स्वावलंबन के लिए सक्षम नही

Aaj Samaj (Hindi)

Almost half of those who once lived in child care institutions without a

Missing boy back to

a shattered family



# Beyond 'homes': Centre to help in transition to outside world





रोहतक - कुरुक्षेत्र Date - 30 Sep'19

अपन्य देकर सम्मानित किया। विद्यालय के छात्रों नेसामृहिक गीत

## Leena Dhankhar

GURUGRAM: Michael was six

when he went missing from Jharera village in Delhi cantonment in 2006.

For the next 13 years, his fam-5 boy in a hunt that devastated the family.

His father Edward lost his job and home and was forced to live a on a bus station after losing his only son and being unable to provide for his daughter.

That search culminated on Monday when Michael, now 20, walked up to Edward's soiled mattress at the Delhi canton-



Michael (R) with his father and Ankur Sinha, the officer who helped in the reunion.

ment bus station and introduced himself as his long-lost son.

'My father kept on weeping all the while we were together,' said MIchael, sharing how they CONTINUED ON P9







हदय मानव शरीर का महत्वपूर्ण हिस्सा



कुरखंका। उकान केवार आईटी सेंटर में विश्व इंबर बिक्स मनाव गया। बतीर मुख्यविति मेंजूब उक्तन केवार रुख्य को संग्रेजिया डा. सुमाग शर्मा ने काश कि इंडर माताब इंटर का महत्वपूर्ण हिस्सा है इस्तीना इन्हें आपने इयार को स्टारा और मुख्या रनाने के लिए विनायत में मुख सुचार करने होंगे। अधिक व्यापन और पूनावा श्रीपन आदि इनारे क्यार को स्वीतासार्थ बना स्वापी है। इस अध्यक्त पर पदाना केवार आईटी सेंटर को आईटी टेक्ट गीताज्ञाने के द्वारा पोज्टर मेकिन प्रतिवेशित का आवोजन किया गया।

# पंजाबकेसरी

TUESDAY, 28 JAN. 2020

#### पॉलीथीन प्रयोग को लेकर छात्राओं ने निकाली जागरूकता रैली

#### स्वयम्बना टीम ले रही शिमला की सकाई



दिव्य हिमाचल शिमला-चंडीगढ़, सोमवार, ५ अगस्त, २०१९

अन्याय के खिलाफ महिलाओं का मुखर होना जरूरी



ब्द्दी । ल्यूमिनस उदयन केयर शालिनी फैलोशिय द्वारा रविवार को मुखरता पर कार्यश्वस्ता का आयोजन किया गया। त्यूमिनस तथा उदयन केयर द्वारा चलाया गया यह प्रोग्राम महिला संशक्तिकरण पर काम करता है। कार्यशाला के दौरान प्रोग्राम की संवालक अर्चना य कमला छात्राओं को संबोधित करते क दाशन प्राधान का स्वावादक अचनान कमला छनाडा के त्र संबाधित करत दूर कहा कि स्वयं को बुलेदियों पर पाईचाने के लिए हमें मुखर होना आवश्यक है। कई महिलाएं केवल इस वजह से आपने साथन साकार नहीं कर पाली क्योंकि वह स्वयं के प्रति खड़े होने का साहस नहीं जुटा पाली महिलाएं समाज के डर के कारण कई तरह के उत्पीइन सहती हैं, लेकिन आवाज नहीं उदली। इसी डर के कारण उनके सचने साकार नहीं हो पाले, न ही वह अपने लक्ष्य को हासिल कर पाती हैं। अर्चना ने कहा कि अपने सपने साकार करने और अन्याय के प्रति आयाज उदाने के लिए महिलाओं का मुखर होना अति अतर अन्तया क प्रांत आवाज उटान के लिए महिलाओं को मुंबर होना और अंकाश्यक है, तिकि वह आने और देश आनिकाशक कामा सके और अपने सपनों को साकार कर सके। उन्होंने बताया कि त्यूमिनस उदयन शालिनी कैलोशिय के द्वारा समय-समय पर ऐसे विषयों पर कार्यशालाओं का आयोजन किया जाता है, ताकि छमाओं को विशेष मुद्दी और अधिकारों के प्रति जानकारी प्रांत हो सके। इस मीके पर अर्थना, कमला, श्रेया, इशिता, चरिता, करिका, सोनिया, भुवनेश, बबली, रथीना, अंशु सहित अन्य छात्रारं उपस्थित रहीं।

#### **Lokmat Times**

# **USF A'bad chapter 11th** induction ceremony held



# Summer activities by USF



#### दिव्य हिमाचल

# रमिनस उद्योग ने छात्राओं को बांटी छात्रवृत्तियां

फेलोशिय कार्यक्रम के तहत

मुख्याविधि उपित्रमा हुए। एएसपी चाहिए। उदयन केमर के मोओ एरके त्रामी ने अपने मंत्रोधम में अरुण कुमार य एसोसिएर कहा कि जरूराप्यर खालओं को उपपित्रमा मोमाम प्राविध वात ने सिका य उरुण्यत पालिप के दिए करण कि स्वृतिनिय करतार्थर स्यूमिनस द्वार जो प्रयास किए का छाताओं को रिक्श के तिथ एरके प्रयास प्रयास किए का छाताओं को रिक्श के तिथ रहे के बार साहतीय है। उन्होंने छाताओं को रिक्श के तिथ रहे के बार साहतीय है। उन्होंने छाताओं को रिक्श के तिथ रहे हैं बार साहतीय है। उन्होंने छाताओं को रिक्श के तिथ

शिमला सोमवार 1 जुलाई, 2019 है।

#### कुरुक्षेत्र । सेक्टर पांच में पॉलिथीन मुक्त रैली निकालतीं छात्राएं।

उदयन केयर सेंटर की छात्राओं

ने निकाली जागरुकता रैली

#### भास्कर न्यूज कुरुक्तेत्र

उदयन केयर आईटी सेंटर सेक्टर सात में दान उत्सव मनाया गया। कार्यक्रम में मुख्यातिथि उदयन केयर संस्था की संयोजिका डॉ. सुपमा शर्मा रही। दान उत्सव के उपलक्ष्य में आईटी सेंटर के विद्यार्थियों ने पैसे इकड़े करके मिट्टी के कुलहड़ खरीदकर चाय वाले को दिए। छात्राओं ने चाय वाले को कहा कि वे प्लास्टिक के कप की जनक भीजूद रहीं।

मिट्टी के कुल्हड़ का प्रयोग करें। इससे पर्यावरण प्रदूषण की समस्या दूर होगी। इसके बाद विद्यार्थियों ने सेक्टर पांच व देवीदासपुरा गांव में प्लास्टिक व पॉलिबीन का प्रयोग न करने को लेकर जागरूकता रैली भी निकाली। डॉ. सुषमा शर्मा ने सेक्टर पांच के पायंद को वार्ड में वितरित करने के लिए कपड़े के धैले भेंट किए। मीके पर गीतांजलि, प्रीति और कविला

#### उद्ययन केंद्र ने कंप्यूटर शिक्षा पर बांटी जानकारी



# COMPLIANCE REPORT 2019-20

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(As per Credibility Alliance Norms)

### Major Objectives of the Trust

- To provide protection and education to children and women, employability to youth, who are in difficult circumstances, by establishing dynamic processes/models of care, protection, training and holistic development, in a Rights-based approach
- To promote voluntarism and spirit of 'giving back' to the society at large, including those from our programmes
- To develop structured research and documentation processes leading to publications on Child Protection and Education related issues
- To influence the policy reforms and decision making processes by lobbying, consultations and creating awareness
- To evolve into a national level Capacity Building and Role model organisation of consultative status, with credibility

### 1. Identity

- Udayan Care is registered as a Public Charitable Trust. Trust Deed is registered on 11.02.1994 with Sub Registrar, Delhi, with registration no. 828 in Additional Book No. IV, Volume No. 2085 on Page No. 1-15.
- Trust Deed is available on request.
- Udayan Care is registered u/s 12A & exempted under section 80G (5)(vi) of the Income Tax Act, 1961, with the Director of Income Tax (Exemption).
  - Registration No. u/s 12A: 374/93-94, dated 31/03/1994, effective from 07/02/1994 valid perpetually
  - Exemption u/s 80G (5) (vi): NQ. DIT(E) I
     2011-12/114 DEL EU 22607-28042011,
     dated 28-04-2011 valid perpetually

- Udayan Care is registered under section 6 (1)
   (a) of the Foreign Contribution (Regulation)
   Act, and its Registration Number is:
   231650870 and has approval letter dated
   07-01-1998 which is valid till 31-10-2021
- PAN: AAATU0067F
- Udayan Care is an ISO 9001-2015 certified organisation for its 'Quality Management Services'

Visitors are welcome to the addresses given on the "contact us" link on our website www.udayancare.org.

### 2. Name & Addresses of our Bankers

- State Bank of India, 33, Ring Road,
   Lajpat Nagar IV, New Delhi 110024
- Axis Bank Ltd., B-6, Lajpat Nagar II, New Delhi - 110024
- ICICI Bank Ltd., 834, Lajpat Nagar II, New Delhi - 110024
- IDBI Bank, 1/6, Siri Fort Institutional Area, New Delhi - 110049
- Bank of India, I-802, CR Park, New Delhi - 110019

#### Name & Address of Auditors

M/s. S. P. Chopra & Co, Chartered Accountants F-31, Connaught Place, New Delhi - 110 001

### Name and Address of Internal Auditors

M/s. Sahoo & Co, Chartered Accountants 14, Palam Marg, Vasant Vihar, New Delhi - 110057

### 3. Governance

(a) Details of Trustees: (as on March 31, 2020)

Sl. No	Name	Age	Sex	Position on Board	Occupation	Area of Competency	Meetings attended
1.	Dr. Kiran Modi	66	F	Managing Founder Trustee	Managing Trustee (Hon.)	Policy, Management, Operations, Strategy, Fundraising	4/4
2.	Dr. Shiv K Sarin	67	М	Founder Trustee	Medical Doctor	Policy, Strategy, Fundraising	1/4
3.	Mr. G P Todi	71	М	Founder Trustee	Industrialist	Policy, Strategy, Fundraising	0/4
4	Ms. Meera Sawhny	55	F	Trustee	Entrepreneur	Policy, Strategy, HR, Fundraising, Finance management	4/4
5	Ms. Rukmani Haldea	69	F	Trustee	Retired Civil servant	Policy, Strategy, program Management & Fundraising	3/4
6	Mr. Sanjay Gupta	60	М	Trustee	Development Professional	Policy, Finance, Strategy, Fundraising	4/4
7	Mr. Deepak Sharma	60	М	Trustee	Development Professional	Policy, Finance, Strategy, Fundraising	2/4 Appointed on 12-12-2019

### (b) Details of Advisory Board Members: (as on March 31, 2020)

Sl. No	Name	Age	Sex	Position on Board	Occupation	Area of Competency	Meetings attended
1.	Mr. Sanjeev Gupta	58	М	Member	Entrepreneur	Policy Decision, Strategy for Prog. Management	3/4
2.	Mr. Deepak Sharma	60	М	Trustee	Development Professional	Policy, Finance, Strategy, Fundraising	2/4 Resigned on 12-12-2019
3.	Ms. Madhu Gupta	72	F	Member	Entrepreneur	Policy Decision and strategy for Prog. Management	1/4
4	Ms. Kusum Bhandari	66	F	Member	Educationist	Policy Decision and Strategy for Prog. Management, Fundraising	0
5	Ms. Pooja Mehra	42	F	Member	HR Professional	Policy Decision and Strategy for Prog. Management & HR	4/4
6	Mr. Sameer Mehta	45	М	Member	Marketing Professional	Policy Decision, Strategy for Marketing	4/4
7	Ms. Akansha Arora	39	F	Member	HR Professional	Policy Decision, Human Resource Management	3/4

- The Board of Trustees and Advisors have met 4 times (21-05-2019, 21-11-2019, 12-12-2019 & 30-03-2020) in the previous year. In those meetings, they have transacted the business of the trust including approving the Audited Financial Accounts and Annual Report of the previous financial year and also approving the Programmes and Budget for the year 2020-21.
- The Board ensures the organisation's compliance with laws and regulations.
- Minutes of Board meetings are documented and circulated to all members within few days after the meeting commenced.

### 4. Accountability and Transparency

- No remuneration, sitting fees or any other form of compensation has been paid since inception of the Trust, to any Trustees or Board members. All are working on Pro-bono basis.
- The following reimbursements have been made to Trustees and Board Members: Travelling Expenses (to attend Board meetings) - NIL.

Head of the organisation: (including honorarium)	Rs. 0.00 (NIL) (Head of Organisation of Udayan Care is Managing Trustee who holds an honorary position.)
Highest paid Full Time regular staff	Rs. 32.91 Lakhs per annum
Lowest paid staff (Full time Trainee)	Rs. 1.08 Lakhs per annum

Fee for Statutory Audit: Rs. 55,000 Fee for Internal Audit: Rs. 1,80,000

### 5. Staff Details

(a) Staff as at March 31, 2020

Gender	Paid full time (Regular)	Paid Consultants (FullTime)	Total
Male	69	8	77
Female	96	28	124
Total	165	36	201

(b) Distribution of Staff According to Salary Levels (as at March 31, 2020)

Slab of gross salary (in Rs.) plus benefits paid to staff	Male	Female	Total
Less than 5,000	0	0	0
5,001 – 10,000	2	18	20
10,001 – 25,000	54	75	129
25,001 - 50,000	12	24	36
50,001 - 1,00,000	8	5	13
Above 1,00,000	2	1	3
TOTAL	78	123	201

### 6. Staff Sustainability

Sl. No.	Years of service	No of staff	
1	Below 3 years	113	
2	03 to 5 years	45	
3	05 to 10 years	28	
4	10 to 15 years	12	
5	Above 15 years	3	
	Total	201	

**Note 1.** The staff table includes stipends, salaries of trainees, staff as well as paid consultants in the respective category

Note 2. Udayan Care follows the Minimum Wages Acts of respective states. Hence no staff is appointed or working less than the Minimum Wages Act in their respective states.

### 7. Travel Details

#### A. DOMESTIC TRAVEL

Total cost incurred on Domestic travel for Trustees and Staff during the year: Rs. 1,02,584.

(This amount was incurred for travelling different parts of the country for attending meetings, Trainings, Programme implementation, Monitoring & Supervision, conducting distant project review meetings, evaluation of the progress of the programmes, setting up of new chapters and also for attending National level seminars and workshops etc. on various dates)

#### **B. INTERNATIONAL TRAVEL**

Name	Designation	Place / Country visited	Duration (including Travel)	Purpose	Amount (in Rs.)	Sponsored by External Orgn.
	(Israel) FIC	Presentation of Paper at the FICE Conference and networking with International organisations	94,144			
Dr. Kiran	Managing	Durban (South Africa)	7 days	To present paper in NACCW conference and also Networking with International organisations	1,24,964	Fully Sponsored
AND RESIDENCE OF THE PERSON NAMED IN COLUMN 1997	Trustee Cairo (Egyp	Cairo (Egypt)	7 days	Presentation of Paper at the Conference and networking with International organisations	20,713	by hosts and donors
		Colombo (Sri Lanka)	4 days	Presentation of Paper at the Conference on Poverty & Sustainable Development	66,519	
				Total Amount in INR	3,06,340	

# 8. Prevention of Sexual Harassment (POSH)

Udayan Care has constituted an Internal committee (IC) on Sexual Harassment on February 23rd, 2014 as per the Sexual Harassment of Woman at Workplace (Prevention, Prohibition and Redressal) Act, 2013. The IC meet periodically and evaluate the workplace, work-culture, healthy work environment that focuses on prevention and awareness, behavior of staff with opposite sex, and possible issues related POSH.

The current Internal Committee (IC) comprises of 5 members, out of which 4 of them are females

It has one presiding officer as the Chairperson of the committee and one external expert as ordained in law.

We maintain mainly 2 registers comprising of complaints received and also Minutes Book. The minutes are recorded in the minutes book and the soft copy is circulated on the same day among committee members. The minutes book is kept at the Head office and available for verification for other members as well as a legal obligation. Moreover Posters have been updated and shared widely with all units across all chapters.

The following table is the highlight of the cases and events during the year 2019-20:

	Summary of events							
S.No	Details	etails Numbers						
1	Number of complaints received in a year	None						
2	Number of complaints disposed of in a year	None						
3	Number of cases pending more than 90 days	NA						
4	Number of awareness programmes or workshops conducted in a year	14 sessions	2 USF, 2 ITVT, 1 Ghar team, 8 at HO levels in staff meeting, 1 special session with external resource person.					
5	Awareness through affixing posters in office premises	Done periodically						
6	Nature of Action taken	Not applicable						

### Highlights of Financial Statements

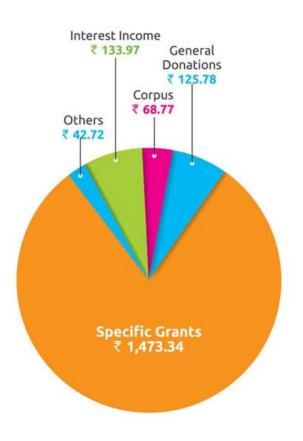
### Basis of Accounting:

The financials have been prepared under the historical cost conventional and accrual method. Income and expenses are accounted on the basis of Generally Accepted Accounting Principles (GAAP) and Accounting Standards (AS) issued by the Institute of Chartered Accountants of India (ICAI) for NGOs wherever applicable, except where otherwise stated.

The income of the year has been segregated as Restricted and Un-restricted funds as per the guidelines issued by the Institute of Chartered Accountants of India (ICAI). The Restricted funds are the funds given by different agencies for a specific task or for specific projects however the Un-restricted funds are General Donations, Miscellaneous Income etc.

During the year, the Trust mobilised funds, from various sources with the efforts of Trustees, Board Members, Committee Members, Volunteers and Staff, including getting financial aid from funding agencies, the corporate fraternity, other Trusts and NGOs, besides funds from individuals in India and abroad.

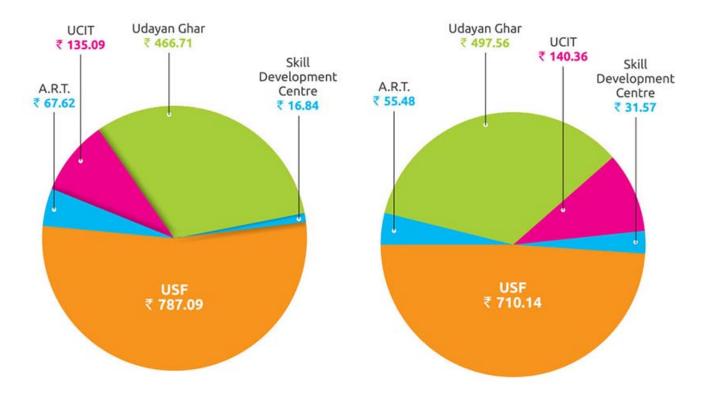
## TOTAL FUNDS RECEIVED (Rs. 1,844.58) LAKHS

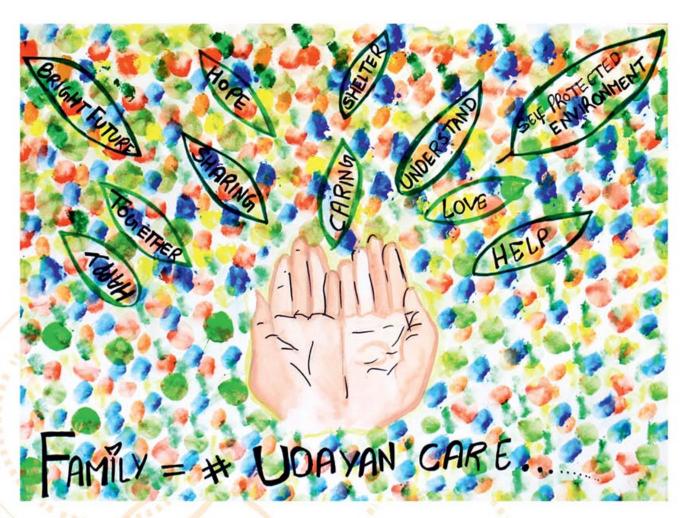


## TOTAL OUTFLOW OF FUNDS (Rs. 1,584.58) LAKHS



SPECIFIC GRANTS (Rs. 1,473.34) LAKHS DIRECT PROGRAMME (Rs. 1,435.10) LAKHS







## S. P. CHOPRA & CO

### Chartered Accountants

31 - F Connaught Place, New Delhi-110 001 Ph. No. +91 11 4376 3317

contact@spchopra.com www.spchopra.com

### AUDITORS' REPORT TO THE MEMBERS OF UDAYAN CARE

We have audited the attached Balance Sheet of UDAYAN CARE at March 31, 2020 and also the Income and Expenditure account for the year ended on that date annexed thereto.

### Respective responsibilities of Management and Auditors

These financial statements are the responsibility of the entity's management. Our responsibility is to express an opinion on these financial statements based on our audit.

### Basis of opinion

We conducted our audit in accordance with auditing standards generally accepted in India. Those Standards require that we plan and perform the audit to obtain reasonable assurance whether the financial statements are free of material misstatement. An audit includes examining, on a test basis, evidence supporting the amounts and disclosures in the financial statements. An audit also includes assessing the accounting principles used and significant estimates made by management, as well as evaluating the overall financial statement presentation.

We have obtained all the information and explanations, which to the best of our knowledge and belief were necessary for the purpose of our audit.

We have no relationship with or any interests in the Association other than our capacity as auditors.

### Opinion

We believe that our audit provides a reasonable basis for our opinion. In our opinion and to the best of our information and according to the explanations given to us, the financial statements read along with the notes give a true and fair view in conformity with the accounting principles generally accepted in India

- 1. in the case of the Balance Sheet, of the state of affairs of UDAYAN CARE as at March 31, 2020; and
- 2. in the case of the Income and Expenditure account, of the surplus for the year ended on that date.

New Delhi

for **S.P CHOPRA & CO**, Chartered Accountants Firm Regn. No. 000346N

> Partner M No. 016599

New Delhi

Dated: December 24, 2020

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An ISO 9001: 2015

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### **BALANCE SHEET AS AT MARCH 31, 2020**

	Schedule	Current year	Previous year
Source of Funds:	_	Amount	t in Rs.
Trust Fund		1,000	1,000
Corpus Funds	I	13,14,64,618	12,45,87,996
General Reserve Fund	II	27,79,19,918	28,88,76,428
Un-utilized Restricted Funds	III	7,73,73,881	5,95,67,536
Revolving Fund	IV	21,39,249	11,11,500
Total		48,88,98,666	47,41,44,460
Application of Funds:			
Fixed Assets	٧	27,16,44,744	26,05,51,791
Net Current Assets	VI	21,72,53,922	21,35,92,669
Total		48,88,98,666	47,41,44,460

Accounting Policies and Notes on accounts

XV

Receipts & Payments

New Delhi

The Schedules refered to above form an integral part of the Balance Sheet

for S.P Chopra & Co. Chartered Accountants

(Firm Regn. No. 000346N)

( Niraj Gupta) Partner

Place: New Delhi M. No. 016599 Date : Dec 24, 2020

(Mathew Jose) Director Finance

for UDAYAN CARE

(Meera Sawhny)

Trustee

Dr. Kiran Modi) Managing Trustee

	An ISO 9001 : 2015 Certified organization for its Quality Management Services	U	DAYAN 20
INCOME & EXPENDITURE A/c For The Year	100 to top 10000 American	2,020	2019
Particulars	Sch	_	
<u>INCOME</u>			
Corpus Donation	I	68,76,622	1,02,34,100
Donation Received (including Donation in kind )	VII	1,25,78,291	1,29,11,256
Grant Received	VIII	14,73,34,333	16,64,32,383
Revolving Fund	IV	10,27,749	8,70,500
Interest received	IX	1,33,96,566	1,29,94,960
Other Income	X	32,44,352	32,27,075
Total		18,44,57,913	20,66,70,273
EXPENDITURE			
Direct Programme	XI	14,35,10,264	12,46,21,097
Programme Management	XII	40,19,148	31,06,516
Administration	XIII	1,09,28,517	62,72,182
Non Cash Charges:			
Depreciation	V	1,10,10,831	1,00,87,691
Loss on sale of defunct Fixed assets		9,172	
Ir-recoverable balances written off:			
Income Tax refund not receoverable			4,30,126
Other Miscellaneous items written off		2,25,775	50,936
Income over Expenditure c/d		1,47,54,206	6,21,01,725
Total		18,44,57,913	20,66,70,273
Income over Expenditure Transferred to :			
Corpus Fund	I	68,76,622	1,02,34,100
Revolving Fund	IV	10,27,749	8,70,500
Un-Utilized Restricted Funds	XIV	1,78,06,345	1,43,79,995
General Reserve Fund	II	(1,09,56,510)	3,66,17,130
Total		1,47,54,206	6,21,01,725

The Schedules refered to above form an integral part of the Balance Sheet

CHOPRA CONTROL OF New Delhi

(Firm

Place : New Delhi Date : Dec 24, 2020 for S.P Chopra & Co.

Chartered Accountants (Firm Regn. Np. 1000346N)

> ( Nira) Gupta) Partner

M. No. 016599

(Mathew Jose)

Director Finance

for UDAYAN CARE

( Meera Sawhny) Trustee (Dr. Kiran Modi) Managing Trustee





RECEIPT	s	Amount in Rs.		PAYMENTS		Amount in Rs
Opening Balances	ı.		1 Pay	ments		
[a] Cash Balance		2,58,373	[a]	Addition in Fixed Assets (Net)		2,21,03,784
[b] Bank Balances		1,84,78,324				
[c] Fixed Deposits	with Banks	19,28,25,949	[b]	Expenditure:		
			1	. Home Expenses (Net)	4,97,55,786	
			ii	. ITVT Program	1,40,35,647	
			iii	. Udayan Shalini fellowship (net)	7,10,14,127	
			iv	. Advocacy	55,28,104	
			v	. Skill Development Centre	31,57,079	
			vi	. Programme Management	40,19,148	
			vii	. Training	19,522	
			viii	. Administration	1,11,63,464	9
					*	15,86,92,87
2 Increase in Current	Liabilities	1,05,68,230	2	Net increase in Current Assets (Excluding Cash & Bank Balances	5)	8,07,60
3 Receipts						
[a] General Donat	tions	1,25,78,291				
[b] Corpus Donati	ons	68,76,622				
[c] Grants Receive	ed	14,73,34,333	3 Clo	sing Balances:		
[d] Revolving Fun	d	10,27,749	[a]	Cash in Hand		1,32,10
[e] Interest Recei	ved	1,33,96,566	[b]	Bank Balances		3,86,65,28
[f] Miscellaneous		32,44,352	[c]	Fixed Deposits with banks		18,61,87,13
TOTAL		40,65,88,789		TOTAL		40,65,88,78

CHOPRA & CONTROL OF THE PROPERTY ACCOUNTS

Place : New Delhi

Date : Dec. 24, 2020

for S.P Chopra & Co. Chartered Accountants (Firm Regn. No. 000346N)

> ( Niraj Guota) Partner M. No. 016599

for UDAYAN CARE

(Mathew Jose)

Director Finance

( Meera Sawhny) Trustee (Dr. Kiran Modi) Managing Trustee





Sch. XV

SIGNIFICANT ACCOUNTING POLICIES AND NOTES FORMING PART OF ACCOUNTS FOR THE YEAR ENDED ON MARCH 31, 2020

### A. SIGNIFICANT ACCOUNTING POLICIES

- 1. Basis of Accounting: The accounts are prepared on historical conventional basis as a 'Going Concern'. Income have taken on cash basis whereas Expenses accounted on accrual basis and followed the Generally Accepted Accounting Principles (GAAP) and Practices and Accounting Standards (AS) issued by the Institute of Chartered Accountants of India for Non-Profit Organizations, wherever applicable, except where otherwise stated.
- 2. Fixed Assets: Assets are stated at cost of acquisition including taxes, duties and other incidental expenses relating to acquisition and installation. No revaluation of fixed assets was made during the year.
- 3. Depreciation: Depreciation on depreciable assets is charged on written down value method.

### B. NOTES TO ACCOUNTS

Income and expenses are generally disclosed as per budget of the funding / donor agencies.

2. Remuneration:

(a) Chief Functionary:

Rs. NIL. Managing Trustee, a fulltime volunteer, works Pro-bono

(b) Trustees:

No remuneration, sitting fees or any other form of compensation have been paying since inception of the Trust, to any of the Trustees or Board members. All of them work on Pro-bono basis

(c) Statutory Audit:

Rs. 55,000

(d) Internal Audit

Rs. 1,80,000

- 3. Two properties situated at E-60 & E-118 of Sector 72, NOIDA, for running homes for homeless children, are registered in the name of Managing Trustee due to the state regulations of the registration which is permitted under the clause no. 10.3 of the Trust byelaws.
- 4. Previous year figures have been re-grouped or re-arranged wherever required.
- 5. The Organization is registered under:

a) Trust Registration

Under Indian Trust Act 1882

b) 12A

DIT(E)/93-94/U-117/94/374 dt. 31-04-1994

c) 80 G

DIT(E)/2011-12/114/DEL UE-22607-28042011 dt. 28-04-2011

d) PAN of the Trust.

AAATU0067F under Income Tax, Govt. of India

e) TAN of the Trust.

DELU01797F under Income Tax, Govt. of India

**FCRA** f)

Regn. No. 231650870 with MoH, Govt. of India

Regn. No. DSNHP0937210000

g) EPF

ESI h)

Regn. No. 20001263130001399 dt. 14-07-17 w.e.f. 01-06-2017

Regn. No. DL/2017/0159164 Niti Aayog

As per our Report of even date.

for S.P. CHOPRA & CO,

Chartered Accountants Firm Regn. No. 000346N for UDAYAN CARE

Place: New Delhi

New Delhi

(Niraj)Gupta) Partner

(Mathew Jose)

( Meera Sawhny)

(Dr. Kiran Modi) Managing Trustee Trustee

Dated: Dec. 24, 2020

M No. 016599

Director Finance



### Trustees

G.P. Todi (Founder Trustee), Dr. Kiran Modi (Founder & Managing Trustee), Dr. S. K. Sarin (Founder Trustee), Meera Sawhny, Rukmani Haldea, Sanjay Gupta, Deepak Sharma

### Members of the Advisory Board

Akansha Arora, Kusum Bhandari, Madhu Gupta, Pooja Mehra, Sameer Mehta, Sanjeev Gupta

### **Udayan Ghars- Mentor Parents**

S. No	Homes	Name
1.	Sant Nagar	Deepa Sibal, Isabel Sahni, Jainita Batra, Kiran Modi, Pamela Bhandari
2.	Mayur Vihar Madhu Gupta, Madhuri Paliwal	
3.	Mehrauli Aneesha Wadhwa, Brinda Syali, Dolly Anand, Indu Bhalla	
4.	Greater Noida	Deepak Sharma, Dr. Sunita Sharma, Suksham Gupta
5.	Gurugram	Arti Kapur, Ranjan Ghosh
6. Noida Boys Amita Mishra, Anjana Jain		Amita Mishra, Anjana Jain
7.	7. Noida Girls Amita Mishra, Anjana Jain	
8.	Mayur Vihar (II)	Madhu Gupta, Madhuri Paliwal
9.	Kurukshetra	Dr. Ram Niwas, Sushama Sharma
10.	Jaipur	Asha Bhatnagar, Madhu Jhala, Rukmani Haldea, Sheetal Bahri
11.	Ghaziabad	N/A
12.	Mehrauli (II)	Abha Jaipuria, Sarita Sachdev
13.	Sant Nagar (II)	Saroj Sethi
14.	Faridabad	Deepak Kashyap
15.	Vasant Kunj	Arti Mittal
16.	Faridabad (II)	Deepak Kashyap
17.	Gurgaon Girls	Pradeep Mehra

### **Udayan Shalini Fellowship**

### **AURANGABAD**

Convener: Dimpi Machhar

Core Committee Members: Aanchal Machhar, Anuradha Dhoot, Dimpi Machhar, Madhavi Thirani, Mamta Bagla, Manju Agarwal, Rashmi Kedia, Shailja Sanganeria, Shilpa Sharma, Sudha Bazaz

Mentors: Abha Pachisia, Anila Vijay, Anita Kamra, Anvita Agarwal, Bhakti Mitkari, Jayashri Godse, Karishma Guruditte, Komal Banswal, Manmeet Kaur Ghai, Meena Sinha, Neeru Loya, Pradnya Borde, Priya Patil, Radhika Bhuwalka, Rajni Bhogale, Ravinder Gurudatta, Reena Mandhani, Sangeeta Bhatia, Sarita Hood, Sarita Mutha, Seema Madan, Seema Surana, Sharda Beria, Sheetal Jhunjhunwala, Sonjuhi Dhoot, Sujata Kongo, Sushma Shah, Veena Sethi, Vinaya Bhagwat, Vrinda Pathak

Mentor didis: Anjali Pandit, Arpita Palaskar, Ashwini Peharkar, Bhagyashri Mhaske, Dnyaneshwari Chavhan, Gayatri Pradhan, Karishma Sahuji, Kavita Jadhav, Mamta Rajput, Mangla Modhekar, Nikita Jadhav, Pradnya Amrao, Pradnya Ingle, Pranjal Bhosle, Prerna Mhaske, Priyanka Kharat, Radha Tarte, Rajlaxmi Mandore, Rajshri Mhske, Sadhana Adhave, Saloni Jumbade, Sayali Hiwale, Shubhangi Gundurkar

#### BADDI

Ashish Singh, Baldev, Mohd. Faheem Khan, Kamla

### **BENGALURU**

Convener: Arun Subramani

**Core Committee Members:** Harish Valat, Mamta Mutt, Mubina Hussain, Priya Subramani, Sahana Prasad, Usha Jain, Vanishree Srinidhi

Mentors: Amrita, Archana, Akshitha,
Chandrashekar Gangaiah, Chetaan, Deepak,
Deepali, Dominic, Elizabeth M. Mathew, Harish,
Imtiyaz H. Inamdar, Jignesh P. Dhanak, June, Kanika,
Latha, Mamta, M. Varsha, Mamata Ram, Mandanna
Erappa, Mubina, Nishtha, Nagalakshmi, Nidhi,
Nandini, Niranjini, Naseema Begum Ismail, Preethi
Kiran, Partha, Parul, Priya, Priyanka, Ravi, Rakesh
Bhasker Patni, Ria Kukreja, Rona, Sandeep K.K.,
Sandeep Ramaswamy, Saritha Anil Kumar



Shadab A. Ansari, Sre Nakshatra C., Smitha, Srinidhi, Suman Agarwal, Swarna, Swapna, Thrisha, Tulika, Tanya Thadikaran, Uma, Usha, Vanishree, Vijay, Varun V. Hebbar, Venkat R. Narasimhan, Vinay Kanodia, Vineet Sreedharan, Vinodganga

### **CHENNAI**

Convener: Naveen Narayanan

**Core Committee Members:** Bina Joshi, Dipanyita Ray, Jyothi, Maya Ramachandran, Shrinkla Chandhok, S. Soundararajan, Sri Priya G.

Mentors: Anandhi, Annapoorni, Athilakshmi, Bhanu Rekha, Brindha, Chandrika G., Chitra Rangarajan, David Bharath Kumar, Deepa Krishnan, Jagadeesh Veluswamy, Kalyani Narayanan, Kumaran, Malathi, Meenakshi, Nuwera Tabassum, Padmajashyam, Padmini, Ponnalagu, Radhika, Rekha, Revathi, Shala, Shanbhagavalli, Shruthi, Suganya, Sundareswar Perumal, Umasree

#### **DEHRADUN**

Convener: Vimal Dabral

**Core Committee Members:** Daljeet Kaur, Neelu Khanna, Romila Yadav

**Mentors:** B.S. Rana, Balraj Handa, D.S. Pundir, Daljeet Kaur, G.S. Rawat, Kamal Sharma

Mentor didis: Anita Kumari Shreshtha, Anjali Kumari, Anjali Sharma, Ashiya Bano, Bushra Parveen, Ekta Pal, Farha Naaz, Farhad Jahaan, Firdaus, Gaulafsha Rani, Gulafsha, Gulafsha Parveen, Gulista Jahaan, Gurpreet, Hina, Jyoti, Kajal Garg, Kaja Jagwan, Kenya Kaur, Kiran Ghansala, Kirti Saxena, Madhubala, Mansi Hemdan, Menka, Neelam Bharti, Neelam Kumari, Nigar Sheikh, Nikita, Nivedita, Pooja Pandey, Poonam Bhaskar, Preeti Ahirwar, Preeti Pandey, Priyanka Arya, Rakhi, Rakhi Tiwari, Rehanna, Ruchi Juyal, Saba Parveen, Saloni, Saloni Mittal, Sanjali Yadav, Sarojani, Seeta Rani, Shivani Jaguri, Shrutika Sharma, Simran Thapa, Vineeta, Zainub

### **GURUGRAM**

Convener: Dr. Avtar Singh

Core committee Members: Ankita Aggarwal, Ashish Chakraborty, Deepak Bhatnagar, Neelam Virmani, Rajneesh Virmani, Rambir Bhati, Ranjan Ghosh, SK Thakur, Smita Verma, Suresh Kaushik

Mentors: Aarushi Kaushal, Abhishek Anand, Abhishek Pushkarna, Akansha Jain, Ankur Rastogi, Anupinder Nagra, Arvind Sharma, Ashish Chadha, Bhushan Ranjani, Bishnu Dhar, Chirag Leekha, Deepak Rai, Deepika Gusain, Diksha Singh, Divya, Khyati Suyal, Lakshmi Sharma, Leena Bhavnani, Madhu Chaudhary, Meenakshi Bisht, Mitali Wadhwa, Nisha Yadav, Pallavi Pathak, Pallavi Sharma, Pankhuri Verma, Payal, Preet, Preeti Bindra, Prerna Chawla, Priti Tooley, Priyanka Devadas, Priyanka Sharma, Racha Babbar, Rayazuddin Ahmed, Reeti Dubey, Rishu Miglani, Riyaj Uddin, Ruchi Mangla, Sakshi Kashyap, Sanjuta Goel, Saurabh Chatterji, Shalini Chaturvedi, Shruti Rastogi, Shubhangi Chaturvedi, Smitha Singhal, Sonali Singh, Sonam Bansal, Sonam Chopra, Supreet Kaur, Tanisha Rajoria, Tanu Nigam, Udhab Nath, Udita Agarwal, Varsha Chhillar, Vipul Sahni

Mentor didis: Anjana Kumari, Deepa, Jyoti, Jyoti Rani, Komal, Komal Pawan, Mamta Yadav, Muskan, Neha Nayak, Pinki Moyal, Pooja Mishra, Priyanka Kumari, Shivani, Shivani Adhikari

#### **GREATER NOIDA**

Convener: Mr. Deepak Sharma

Core Committee Members: Dr. Ajay Shrivastav, Anup Shanker, Brig. Arun Gupta (Retd.), Deepak Sharma, Ela Baijal, Maj. Gen. P.K. Siwach (Retd.), Meera Aggarwal, P.C. Rai

Mentors: Abhishek Johri, Ankur K Kumar, Anoop Pandey, Anup Shanker, Arti Warikoo, Ashish C. Chadha, Ashish Mehta, Aswini Subbanna, Bhavna Gupta, Brig. Arun Gupta (Retd.), Commondore. Rajan Bhandari (Retd.), Deepak Sharma, Ela Baijal, Jatinderbir Kaur, Kiran Nagarkoti, Kirti Khurana, Maj.Gen. P.K. Siwach (Retd.), Manisha Shah, Manju Gupta, Manu Balyan, Medha Verma, Meera Aggarwal, Mohit Aggarwal, Mukesh Kumar, Nakul Aggarwal ProEngage, Neeru Mathur, Neha Jangid-AMPF, Nishtha Bhatt-AMPF, Pramita Das-AMPF, Rekha Dave, Sachin K. Kumar, Sadaf Zuberi, Sanchit Sharma, Saumya Jha, Shambhu Singh, Sheetal Aggarwal, Sheetal Saini, Shishti Upadhyay, Shubhangi Shrivastav, Simran, Somani Sharma, Sunita P. Pandita, Suruchi Bala, Tanisha Rajoria, Uma Muz, Vaibhav Shrivastav, Vanita Goel

Mentor didis: Anjali, Anjali Singh, Deepika Gupta, Deepu, Gunjan Kumari, Ilma, Iram, Jyoti Jaiswal, Jyoti Kashyap, Kalpana, Khushboo, Khushi, Kulsum, Neelu, Neetu Chaurasiya, Neha Sharma, Nisha, Richa, Sanyogita, Yachana, Yogshikha

#### **HYDERABAD**

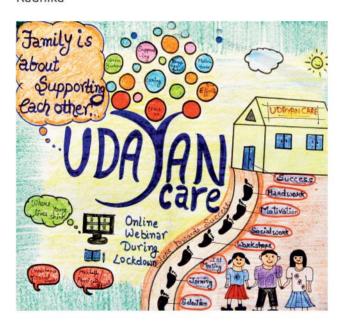
Convener: Pranay Garg

Core Committee Members: Deepa Sundar, Kavya Chittaranjan, Pallavi Kamat, Ramya Vaidya, Renuka Chekkala, Sangeetha Dhowan, Vasantha

Mentor didis: Akhila Veesamsetty, Amani Yadav, Arepalli Sravani, Ashanagar Ramdas Gautami, Asifa, Ayesha Jabeen, Banoth Anusha, Bhunjwa Kajal, Buchanpalli Swathi, Chandrika Yatelli, Charitha Chikalam, Dappu Anusha, Davanaboina Archana, Dharavath Mounika, Dharmarapu Sandhya Kumari, Donuru Navya, Duguru Poojitha, Dussa Vyshali, Edemullu Srilatha, G. Indu, G. Keerthi, Ganta Teja, Gummadi Priyanka, Gunja Indraja, Huma Hajra, Humera Arsheen, K. Pooja, Kannaji Shalini, Kumarapu Divya Durga Naga Lakshmi, M Shivani, Maimuna Begum, Mamidi Babyrani

Mangalam Prasanna, Mirudoddi Nandini, Nacham Vyshnavi, Nausheen Begum, Navanitha Manchala, Pathurpalle Yashoda, Pentaparthi Prachodaya, Perangudi Priyanka, Pinnoji Swapna, Priya Bederey, Puppala Harshavardini, Ravula Malavika, Roja Mulgoori, Ruthama Kambalapalli, S. Sukanya, Sandha Nikitha, Shaik Faimeeda Begum, Shaik Tanveer, Shiklam Ramya, Simgamsetty Tejaswini, Sumalatha Bade, Teegapuram Venkata Lakshmi, Vijayalakshmi D., Yemineni Umadevi

Mentors: Aarthi S., Aarthi T., Aruna, Deepa, Himabindu, Kavya, Manjari, Monica, Pallavi, Renuka, Sangeetha, Seema, Sushma, Swetha, Vasantha, Radhika



#### **HARIDWAR**

**Mentors:** Ashish Singh, Deepa, Mani Katari, Pooja Jaguri, Mohd. Faheem Khan

Mentor didis: Alisha, Asma Rao, Archna, Arti Prajapati, Chanchal Thakur, Chitra Bharti, Divya Sharma, Gunjan, Kanchan Rautela, Mani Katari, Najma, Neema, Parveen, Priyanka, Radha Yadav, Ritu Rani, Savi Vishwas, Shivani Kaushik, Shivani Rajput, Shurbhi Verma, Shashi, Sneha, Sonam, Swati Giri, Tuba Fatima, Unnati

#### **JAIPUR**

Convener: Rukmani Haldea

Core committee Members: Asha Bhatnagar, G. K. Tiwari, Krishna Bhatnagar, Manish Kasliwal, Niru Saluja, Priyanka Kasliwal, Santosh Agarwal, Sheetal Bahri Mentor didis: Abha Chhipa, Alsadaf Siraj,
Anita Meena, Anjali Sahu, Ankita Jangid,
Anshu Khandelwal, Bharti Hasnani, Bharti Singh,
Dolly Vishwas, Falak Khan, Indu Chouhan, Kajal Saini,
Kavita Kumari, Komal Mahawar, Krishna Aswal,
Lakshmi Kushwah, Mansi Sahu, Meenakshi Sharma,
Neha Srimal, Nirmal Nagarwal, Nisha Parewa,
Poonam Singh, Priyanka Gupta, Rakhi Singh,
Reena Bairwa, Ritu Choudhary, Ruba Kausar,
Sabiya, Sahivani Balotiya, Sakshi Paliwal, Samrina Khan,
Savita Verma, Shalu Bai Jadon, Sonam Sabal,
Sonika Jangid, Sushila Bairwa, Yogita Meena

#### **KOLKATA**

**Convener:** Kusum Bhamdari, Parimal Ch. Das (Jt. Convener)

Core Committee Members: Nandalal Rungta, Pradeep Sureka, Prahlad Rai Agarwala, Radhe Shyam Agarwal, Ravindra Chamaria, RK Agarwal

**Mentors:** Baishali Mukherjee, Debapriya Biswas, Gargi Dutta Gupta, Pinki Das

Mentor didis: Arundhati Ghosh, Dipanwita Sutar, Priyanka Chakraborty, Rimita Sarkar, Riya Mondal, Sathi Saha, Shila Halder, Shreya Saha, Srabani Thakurta, Srabanti Halder, Srijita Mondal, Sukanya Das, Sumanti Patra, Sunetra Das, Supriti Naskar, Supriya Das, Sweta Mukherjee, Tanusree Das, Zarfishan Mumtaz

### **KURUKSHETRA**

Convener: Prof. Dr. Ram Niwas

Core Committee Members: Dr. Amita Mittal, Neetika Mittal, Dr. Ram Niwas, Dr. Raghuvir Tageja, Prof. Dr. Sushama Sharma

**Mentors:** Ashish Singh, Mohd. Faheem Khan, Preeti Yadav, Dr. Sushama Sharma

Mentor didis: Amrita, Mansi, Mandeep, Muskan Sharma, Neetika Mittal, Parull Devi, Priya, Priyanka, Simran Kaur, Suman Lata, Dr. Sushama Sharma, Tainiya Saini, Umang

#### MUMBAI

Convener: Pooja Mehra

Core Committee Members: Dipti Shah, Harshini Kotecha, Karishma Bhatia, Manisha Sangani, Pooja Dharewa, Pooja Mehra, Pratima Shrivastav, Sweta Kapadia, Vaishali Patel Mentors: Aahna Srikanth, Aastha Jhaveri, Abha Desai, Aditi Suri, Alina Ahmed, Ami Shah, Ami Deven Kothari, Ana Saldanah, Anita Amarnath, Anuja Sanghavi, Anuja Shah, Anuradha Hattangdi, Aparna Shah, Ashwini Doshi, Atika Jain, Bhavisha Bhogesara, Bhavya Puri, Bhawna Billa, Chahat Mahajan, Darshana Yelve, Chetna Shah, Deepali Agarwal, Devangi Doshi, Devanshi Dave, Dimple Jogani, Dipali Shah, Dipti Shah, Farida Merchant, Florence Chettiar, Grishma Putran, Grishma Vakharia, Hanna Kreibel, Harshini Parikh, Hema Shah, Heta Damodar, Himangi Nadkarni, Honey Magia, Ishita Chopra, Jai Madan Wadia, Jasmine Pandya, Kanan Mehta, Kinjal Jain, Lina Sanjay Shah, Lotica Mehra, Lubaina Suares, Mala Dhade, Manasi Bidikar, Manisha Sangani, Manjula Sriram, Meeta Bipin Shah, Meghna Sanghavi, Miloni Dutia, Minitha Saxena, Mira Dalvi, Moayna Srinivasan, Munazza Fatehi, Naina Shah, Natalie Palekar, Nayantara Adhikari, Neena Mehta, Nikita Jogani, Nina Engineer, Nisha Vahi, Pallavi Nahata, Pooja Zaveri, Pooja Gupta, Poonam Mashroo, Prakruti Vardhan, Pratima Shrivastav, Priti Shah, Priyanka Surve, Radhika Shah, Rajini Barasia, Reena Patel, Reeta Jain, Rekha Johari, Rekha Sharma, Renu Parikh, Rhea Bulsara Sidhva, Riddhi Bafna, Ritu Narain, Ritu Kapoor, Roopali Yadav, Rushika Gosar, Sangeeta Pednekar, Sangeeta Kadakia, Seema Sharma, Seeta Mehta, Shaan Lalwani, Shashwati Bhunia, Sheila Sheth, Shilpa Bhojraj, Shilpa Popat, Shilpa Vora, Shraddha Agrawal, Sruti Dasgupta, Suzette Sugathan, Sweety Reniwal, Tania Choudhari, Tanvi Dhrumal Parikh, Ummesallama Bhatri, Urvi Gandhi, Utkarsha Kulkarni, Vaishali Patel, Vaishali Shah, Vandana Dalal, Vedanti Aniket, Vineeta Kanoria, Vinita Fernandez, Vishakha Sheth Mehra, Yogita Jadhav, Yvonne D'souza

### **NORTH DELHI**

Chairperson: S.L. Jain

Core Committee Members: Ashish Aggarwal, D.A. Mishra, K.P. Raizada, Sheel Aggarwal

Mentors: Aakansha Mutreja, Anand Shankar, Anita, Ankita Bansal, Archana Sharma, Archna Tiwari, Ashish Aggarwal, Babita, B.K. Jain, Chetna Kaur, Devika Sharma, Garima Jain, Gayatri, Jatin Anand, Indrani Ghosh, Mohd. Faheem Khan, Kamakshi Chauhan, Kanchan Channa, Kanika Gupta, Kunal Pareek, Lisa, Manorama Yadav, Neha Singhal

Nitin Sharma, Pankaj Kumar Singh, P.C. Jain, Pooja Tripathi, Priyanka Gaur, Sadhna Mishra, Sapna Khurana, Shubham Pahwa, Sapna Mittal, Sudershan Khare, Swapan Kr. Dey, Ritika Sharma

Mentor didis: Aastha Jain, Aarti, Akanksha, Akriti Sharma, Ankur Kumari, Anjali Yadav, Anushka Bansal, Amrita, Asha, Archna, Balpreet Kaur, Bhawna Gupta, Bhawna, Bhavya Goel, Chanchal Sharma, Chanda, Chandani Bano, Damini Kumari, Devyani Sharma, Dimpika Pawar, Dolly, Geeta Negi, Himani Baweja, Himanshi Bisht, Himani Singhal, Indira Thakur, Jigyasa Wason, Jyotsna, Kalpana Garg, Kalyani, Kamini, Kamlesh Kumari Upadhyay, Kanika Sharma, Kanika, Kiran Goyal, Komal Jain, Kritika Yadav, Madhu Kumari, Mamta Kumari, Manali Malhotra, Manisha, Mansi Sharma, Meenakshi Kashyap, Meetu Walia, Monu, Neha Pandey, Neha Siddique, Neha Yadav, Nikki Kumari Jha, Pooja Yadav, Poonam Rathore, Preeti, Preeti Lata, Priya Garg, Priyanka Aggarwal, Priyanka Banerjee, Priyanka Lekhwar, Priyanka Vishvakarma, Ritu Jain, Richa Malhotra, Rukmani Hans, Sapna Pawar, Sarita Kumari, Shabri Karwal, Shally Gupta, Shanu Aggarwal, Shefali Jain, Shivani, Shivani, Shabnam, Shalu, Simran Kohli, Sneha, Somi Pandey, Sonu Tomar, Sudha Prajapati, Sukirti Sharma, Supriya Kumari, Swati Sonal, Tabsassum, Tanushree, Upasana Upadhya, Varsha, Varsha Sharma, Vishala

### NOIDA

Convener: Dr. Ajay Srivastav

Core Committee Members: Anup Shanker, Ashok Chakravorty, Deepak Sharma, Madhur Kumar Srivastav, Namrita Chandi, Umesh Upadhyay

Mentors: Ajay Shrivastav, Antriksh Kansal, Anup Shanker, Ashish Singh, Ashok Chakravorty, Deepak Sharma, Madhur Kumar Srivastav, Namrita Chandi, Shalini John, Umesh Upadhyay

### PANCHKULA

Convener: Ashok Singla

Core Committee Members: Lovnish Dewan, Rajwant Singh Grewal, Sushil Singla, Umesh Narang, Urvashi Bhalla

Mentors: Aarti Bansal, Anil Kohli, Anu Kohli, Dimple Singla, Lata Rani, Lovnish Dewan, Pallavi Narang, Pankaj Bala, Priya Malhotra, Rajiv Kumar Malhotra,

Ravinder Mohan Bhalla, Renu Katyal, Rosy Dewan, Shilpa Bhandari, Supriya, Sushil Singla, Umesh Narang, Urvashi Bhalla

### **PHAGWARA**

Convener: K.K. Sardana

**Core Committee Members:** Malkeet Singh Ragbotra, Neelam Pasricha, Surender Chopra, Sushil Sharma

Mentors: Amandeep Kaur, Ashish Singh, Faheem Sir,

Ramanpreet, Reema Bains

Mentor didis: Anchal Thakur, Jyoti Kumari, Ramainia Paul

#### PUNE

Convener: NA

Core Committee Members: Archna Aggarwal, Harshad Thathed, Narayan S., Nayana Prabhu, Raieev Kher

Mentors: Akshata Mane, Archna Aggarwal, Arti Hawale, Akshata Mane, Archana Srivastava, Anuradha Shrama, Anuradha Shrama, Archana Srivastava, Arti Hawale, Bhagyashri Nalawade, Deepali N. Gadge, Geetanjali, Ashok Shakkarwar, Jaya Sinha, K. Tejaswini Manasa, Khushbu Gangrade, Komathi Rajesh, Kshama Jain, Kuntalika Das, Latita Narayan, Meena Sawant, Meera Sane, Mugdha Shinde, Natasha Akhade, Nutan Kirad, Nayana Prabhu, Padmaja Shinde, Pallavi Kalyan Kulkarni, Pooja Kshirsagar, Pooja Rathee, Prachi Sovani, Pranita Bandekar, Preeti Mehendale, Rakhee Sonawane, Riddhi Bhandari, Rimja Ramsadan, Rumishree Mahanta, Rutuja Kulkarni, Samruddhi Kulkarni, Sarita Kad, Sarita Rai, Saumya Chitravanshi, Shilpa Mukund Jadhav, Shilpa Watharkar, Shiva Nagar, Shivangi Page, Shruti Lahade, Shruti Sugwekar, Shweta Doddamane Mahajan, Shweta Patil, Siddhi Bhandari, Sonali Vispute, Soumya Mishra, Sucheta Karadi, Surbhi Deshmukh, Surbhi Gupta, Suvarna Mungee, Vaidehi Vaidya, Vrishali Shelar, Wasudha Korke

#### **SOUTH DELHI**

Convener: Sanjeev Gupta

Core Committee Members: Deepak Ahlawat,

Puneeta Puri , Vijayabharti

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SANJIV GOSWAMI President, Centre for Education, Growth & Research. Former Managing Director, Springer Nature India

Indeed it has been an honour to be associated with a noble cause such as yours. The work you do for the uplift of the young Shalinis and the underprivileged children by giving a direction to their lives and making them self-sufficient and independent is truly commendable.

I have had the opportunity to support your multiple initiatives which have strong social impact and each of these well thought out initiatives have gone a long way in improving and stabilising the young girls' lives.

I wish you continued success in your tireless endeavours.

USF programme with its planned methodology and strategic approach to support education and to building the overall persona of girls coming from weaker sections of our society, has brought massive transitions in the life of Udayan Shalini Fellows. We resonate strongly with the philosophy and goal of the USF to empower the ambitious Shalinis. We have been associated for the last 6 years and wish to support them for a prolonged period. We wish good luck and success to the Udayan Care team.



SANJEEV GUPTA on behalf of Late Shri Ratanlal Ji Founder & Chairman Ratan Lal Foundation



RAJEEV KUMAR Director Programme-Asia SOS Kinderdorf International

Udayan Care has been making some pioneering initiatives on alternative care in India and South Asia region. Udayan Care has created a regional platform for alternative care by conducting Bicons on alternative care. The international journal on alternative care is another contribution of Udayan Care which has helped to mainstream the agenda of alternative care in the region. SOS Children's Villages partnership with Udayan Care has added significant value to the agenda of alternative care both in terms of scope and scale in the Asia region.



LAVANYA SHRINAGESH Global CSR and DEI Leader, Genpact

Empowering women not just within the organisation but even in the communities around us is a key focus area for Genpact.

We strongly believe that every girl should have access to education, health services, and equal opportunities to grow into strong, independent individual and be a valuable member of community. Empowering women is the key to empowering the society and making a difference to the world around us.

The Udayan Shalini Fellowship (USF), a programme of Udayan Care, gives us an opportunity to realise this vision and enables us to sponsor and mentor adolescent girls. USF currently supports over 3600 girls across India and Genpact is a proud to be a partner in this journey. Our relationship with Udayan Care has been very enriching and given us an opportunity to leverage our expertise to help young women. I thank Dr. Kiran Modi and the Udayan Care team for providing us the opportunity to be a part of this great journey and we look forward to continue working with them to help young women realise their true potential.

The giving of food (अन्नदानं) is a great type of charity (महद्दानं). But the giving of knowledge (विद्यादानं) is even greater than that (ततःपरम्).

The satisfaction (तृष्तिः) obtained from food (अन्नेन) is only momentary (क्षणिका), while that gained from knowledge (विद्यया) lasts lifelong (यावञ्जीवं) Give a man a fish and you feed him for a day; teach a man to fish and you feed him for a lifetime. "When you educate one person you can change a life, when you educate many you can change the world." Udayan Shalini Fellowship Programme is doing great work in it.

"Live as if you were to die tomorrow. Learn as if you were to live forever" – Mahatma Gandhi



MADHUSUDAN AGRAWAL
Hon. Consul of Uganda in Mumbai.
Vice Chairman, Ajanta Pharma
Trustee of Samta Foundation



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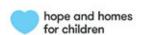




















































































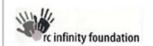


































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